

Somatic Symptom Disorder / 'Medically Unexplained Symptoms' in Primary Care

A one day state of the art symposium for primary and secondary health care professionals. We will have presentations by international and local experts, including an introduction to research in an innovative care pathway.

Friday 6 May 2016

St Bartholomew's Hospital

Morning	
Conference Chair	Professor Frank Röhrich, East London NHS Foundation Trust
9.00-10.00	Registration and Coffee
10.05-10.20	Opening remarks from National Director IAPT Programme Long-Term-Conditions – The National Mental Health Integrated Care Strategy / Mental Health; Task Force Kevin Mullins, Head of Mental Health NHS England
10.20-11.00	Chronic Somatic Complaints with Inadequate Organic Explanation – State of the art classification systems Professor Peter Henningsen, University of Munich / Germany
11.00 -11.40	Medically Unexplained Symptoms – results from the DoH/IAPT national pathfinder project Professor Rona Moss-Morris, Professor of Health Psychology National Advisor, MUS – IAPT, King's College London
11.40-12.00	Q&A / Discussion
12.00 -13.00	Lunch Break

Afternoon	
Conference Chair	Professor Stefan Priebe, WHO Collaborating Centre for Mental Health Services Development; Queen Mary University of London
Welcome and Introduction	
13.00 – 13.40	Body Oriented Psychological Therapies for the Treatment of Somatoform Disorder – an overview Professor Claas Lahmann, Professor of Psychosomatic Medicine, University of Munich/ Germany
13.40 – 14.20	The Treatment of Patients with Medically Unexplained Symptoms in Primary Care: a review of the literature Professor Gabriel Ivbijaro, Family Doctor, Waltham Forest, London UK, Visiting Professor Population Health, NOVA University, Lisbon, Portugal, President World Federation for Mental Health
14.30 – 15.00 Coffee / Tea Break	
15.00 – 15.40	Evaluating Outcomes of a Novel Primary Care Pathway for Patients with Functional Distress Disorder/ MUS Professor Frank Röhrich, East London NHS Foundation Trust, University of Essex
15.40 – 16.30	Body Oriented Psychological Therapy delivered as “Strategies for Better Living” group – therapist’s perspective Nina Papadopoulos (Psychologist and Senior DMP practitioner and lecturer); Layla Smith, Claire Burrell (DMP practitioners) & Dr Ivan Zammit (Specialty Doctor in Psychiatry)
16.30 – 17.00	Treatment of Patients with Functional Distress Disorder in Primary Care – a General Practitioners and Commissioners perspective Dr Phillip Moore, Chair Mental Health Commissioners Network (MHCN); General Practitioner and Deputy Chair of Kingston CCG
17.00 – 17.30 Plenum Open Discussion and closure	

(Attendance free of charge / Lunch and CPD certificate will be provided)

**Morris Lecture Theatre, St Bartholomew's Hospital
West Smithfield London EC1A 7BE**

Please reserve your place / register at RSVP: MUS@elft.nhs.uk