## A. What had changed?

#### **Terminology**

Competences (319 of them in Core) -> Key Capabilities (66 of them in Core)

Intended Learning Outcomes (ILOs – 19 of them) -> High level outcomes (HLOs – 9 of them with sub-themes)

Personal development plans -> placement-specific personal development plans (still called PDPs!).

#### **Training relationship**

Under the new curricula framework, trainees and trainers decide together which HLOs and key capabilities they will target during the specific placement. This will depend on the placement itself and the specific developmental opportunities that it affords. Progress towards these key capabilities should be reviewed regularly throughout the placement.

#### **Portfolio Online**

The placement-specific PDPs display information in a different format as it is now linked directly to the curricula, but sit within the familiar environment of Portfolio Online.

The format of Workplace Based Assessments has also changed, with a scale used to map progress against the standard expected of a trainee at the end of each training year. They also have space for specific development areas to be recorded together with a record of areas where a trainee has performed to a high standard.

# B. There are 5 New reference points key elements in the new Curriculum framework:

1. Silver guide: contains detailed guidance on training and assessment requirements. Available online: <a href="https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/silver-guide-version-final\_15-june-22.pdf?sfvrsn=bf01078\_2">https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/silver-guide-version-final\_15-june-22.pdf?sfvrsn=bf01078\_2</a>

 Curricula: core, specialty and sub-specialty curricula which outline the purpose statements, High Level Outcomes (HLOs) and Key Capabilities (KCs) that trainees need to achieve in order to progress through training (shorter document than the Silver guide). Available online: <a href="https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/2022-curricula/core-psychiatry-curriculum-final-16-june-2022.pdf?sfvrsn=1b255429">https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/2022-curricula/core-psychiatry-curriculum-final-16-june-2022.pdf?sfvrsn=1b255429</a>

Please check for details of Higher Curricula for Psychiatric Specialities and Sub-specialities on the RCPsych website:

## **Specialty**

- Child and adolescent psychiatry curriculum (PDF)
- General psychiatry curriculum curriculum (PDF)
- Psychiatry of learning disability curriculum (PDF)
- Old age psychiatry curriculum (PDF)
- Forensic psychiatry curriculum (PDF)
- Medical psychotherapy curriculum (PDF)

## Subspecialty

- Addiction psychiatry curriculum (PDF)
- Liaison psychiatry curriculum (PDF)
- Rehabilitation psychiatry curriculum (PDF)
- 3. Placement specific personal development plans (PDP): Personalised and flexible PDPs incorporate the HLOs and KCs and encourage trainers and trainees to set activities for the relevant KCs or a range of KCs at the start of each placement and to review these regularly as the placement progresses. PDPs link directly into the Psychiatric Supervision Report, and into the wider ARCP processes

#### Placement Specific PDP explained:

https://www.youtube.com/watch?v=luKm1s0ntbl&list=PLnP9EHxap820XyLfzBAOlptcLa7Q41dKe&index=5

Demo for 1st session PDP:

https://www.youtube.com/watch?v=q36CZJzAMLQ&list=PLnP9EHxap820X vLfzBAOIptcLa7Q41dKe&index=3 Demo for PDP follow up:

https://www.youtube.com/watch?v=oHD2MkjoQ4E&list=PLnP9EHxap820XyLfzBAOIptcLa7Q41dKe&index=7

Demo for review:

https://www.youtube.com/watch?v=hN9y9Ke49GA&list=PLnP9EHxap820XyLfzBAOIptcLa7Q41dKe&index=6

4. **End of year standards guidance:** Examples of the behaviours expected of trainees working at the expected standard at the end of each year of core or higher training.

Available online: <a href="https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/2022-curricula/end-of-year-standards-guidance-core-final-20">https://www.rcpsych.ac.uk/docs/default-source/2022-curricula/end-of-year-standards-guidance/2022-curricula/end-of-year-standards-guidance/2022-curricula/end-of-year-standards-guidance/2022-curricula/end-of-year-standards-guidance/2022-curricula/end-of-year-standards-guidance/2022-curricula/end-of-year-standards-guidance/2022-curricula/end-of-year-standards-guidance/2022-curricula/end-of-year-standards-guidance/2022-curricula/end-of-

- 5. ARCP decision aids: These are designed to support ARCP panels in signing off trainee progression. Decision aids are to be used alongside the Psychiatric Supervision Reports and Educational Supervisors Report.
  - There are separate ones for Core trainees Available online:
     https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/2022-curricula/arcp-decision-aids/core-psychiatry-arcp-decision-aid final jul22.pdf?sfvrsn=be08405f\_2
  - Higher Trainees: Available online: https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/2022-curricula/arcp-decision-aids/higher-psychiatry-arcp-decision-aid final jul22.pdf?sfvrsn=2dde57a0 2

#### C. Assessments:

Change of Curriculum also has an impact on how training is 'Assessed'.

Assessments can be broadly Formative ( such as WPBA or workplace based assessments used for development feedback) and summative assessments (e.g. MRCPsych exams used to demonstrate specific knowledge and competences) undertaken throughout training.

#### Video explaining how WPBAs has changed: https://www.youtube.com/watch?v=A4WSCrxKznI&list=PLnP9EHxap820Xy

LfzBAOIptcLa7Q41dKe&index=2

The MRCPsych examination is linked mostly to HLOs 1,2 and 9.

The syllabus for the MRCPsych examination is available online: <a href="https://www.rcpsych.ac.uk/docs/default-source/training/examinations/exams-syllabic-curriculum-mrcpsych-february-2021.pdf?sfvrsn=20c35fdb">https://www.rcpsych.ac.uk/docs/default-source/training/examinations/exams-syllabic-curriculum-mrcpsych-february-2021.pdf?sfvrsn=20c35fdb</a> 8

Further details of the MRCPsych examination conducted by the Royal College of Psychiatrists are available online on: <a href="https://www.rcpsych.ac.uk/training/exams/preparing-for-exams">https://www.rcpsych.ac.uk/training/exams/preparing-for-exams</a>