



East London
NHS Foundation Trust

Newham Autism Diagnostic Service

A diagnostic service for
adults (over the age of 18)
who are residing in
Newham



Take the first step
contact us today!



We care
We respect
We are inclusive

What is Autism

Autism is a lifelong developmental disability which affects how people communicate and interact with the world. Autism is a spectrum condition and affects people in different ways. Every autistic person has different “set” of traits in different areas of the spectrum.

The main areas of difficulty include:

Social communication and interaction differences

Restricted and repetitive behaviours or interests, and difficulty coping with change and unpredictability.

Benefits of getting a diagnosis

- Help you understand why you experience certain difficulties and how to cope with them
- Help you access the appropriate services that suit your needs and certain benefits
- Help you access reasonable adjustments in your employment or education

How to make a referral

Referrals to the service can be made by:

GPs

NHS Consultants

Liaison and Diversion Services

Referral criteria

- Adults age 18 and over
- Residents of Newham
- Consent to the referral
- No existing diagnosis of Autism Spectrum Conditions

What to expect after the referral is received

- New referrals will be screened by the clinicians.
- If accepted, we will add you to the waiting list.
- We will ask you to complete some questionnaires.
- We will require information from your parents or someone who knew you as child.
- You will be invited for your initial assessment.

How the service operates

The Autism Diagnostic Service operates on a multi-disciplinary model as part of the health team. Following diagnosis, the service can provide brief post diagnostic support, including highlighting local support services. The team will develop protocols and care-pathways, working closely with Mental Health services, Local Authorities and voluntary services.

Contact us

Service information

Address:

Newham Autism Diagnostic Service – Adults
Lord Lister Health Centre
121 Woodgrange Rd,
London
E7 0EP

Tel: 07984463314

Email: elft.NewhamAutismDiagnosticService@nhs.net



We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.

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