



East London
NHS Foundation Trust

Information Governance

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Website: <https://www.elft.nhs.uk>

2 November 2021

Our reference: FOI DA3649

I am responding to your request for information received 21 December 2020. I am sincerely sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Keshia Harvey
Information Governance Manager

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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Request:

Question 1. Could you please provide the names and addresses of memory services/clinics that operate within the Organisation?

Answer: The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.

The information requested is accessible here:

<https://www.elft.nhs.uk/Services?results=true&searchTxt=memory+clinic>

Question 2. What diagnostic services does each clinic provide?

Answer: Bedfordshire & Luton

Each team offers an assessment of the patients memory, where a diagnosis is made this will be given to patients/carers in a caring and supportive manner. Medication can be prescribed for some people, if this has been done then this will be reviewed and monitored until discharged back to the GP. All patients should receive Post diagnostic support, which provides information and support, patients/carers will be provided local support/guidance from other agency.

City & Hackney

- MCI (mild cognitive impairment) recall and reassessment
- Neuropsychiatrist assessment for complex cases
- Functional Occupational Therapy assessment
- Post diagnostic follow up (physical health checks, medication titration and review by 4 dementia nurses), dementia nurses covering all the 8 neighbourhoods in City and Hackney (risk stratification, medication management, advanced care planning,
- Care navigators covering all the 8 neighbourhoods in City and Hackney
- CST (cognitive Stimulation therapy) and MCI (mild cognitive impairment groups, high intensity post-diagnostic psychotherapy and carers interventions.
- CMC (coordinate my care) care plans for all patients with dementia diagnosis in City and Hackney.
- All the 4 dementia nurses attends neighbourhood meetings for their quadrants.
- The dementia service keep everyone with diagnosis of dementia in City and Hackney from diagnosis till death except if the patient moves out of borough.

Tower Hamlets

Tower Hamlets Diagnostic Memory Clinic provides service users with a comprehensive assessment to determine if they have the symptoms of dementia. The assessment can include specialist neuropsychology and functional assessments as well as in-house Care Act assessments. We also operate a Neurology clinic (facilitated by a Consultant Neurologist) for complex cases. We meet monthly with a Consultant Neuroradiologist to review CT / MRI scans. All

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assessments are discussed at a weekly MDT to meeting. Where a diagnosis of dementia is made, the service user and their family/carers are offered post-diagnostic support, including pharmacological and non-pharmacological interventions.

The team works actively in partnership with service users, carers and relatives in planning their care following diagnosis. The team works closely with local partner agencies who provide further support.

Newham

- Phone screening of all referrals to decide on course of action e.g. what kind of assessment to offer.
- If referral is declined personalised letter to GP advising on action to consider.
- Brief Assessment – initial cognitive assessment including ACE III by dementia assessors in the Memory Clinic
- Comprehensive Assessment – neuropsychological assessment by clinic psychologists
- Request and review of CT/MRI brain scans including access to a monthly review meeting with a Consultant Neuroradiologist.
- MDT meeting to review all assessments with consultant, clinical psychologist, Senior Practitioner as well as the individual assessor.
- Feedback of diagnosis/findings by either the assessor or the Consultant.

Question 3. How many people were referred to these memory clinics in the following financial years? Please provide information for each service/clinic. 2017/18 2018/19 2019/20

Answer: Please see table below:

Team	Referrals		
	2017-18	2018-19	2019-20
Bedfordshire & Luton Memory Assessment Service	460	551	510
City & Hackney Dementia Service Diagnostic	636	617	596
Newham Memory Service DAS	656	854	656
Tower Hamlets Memory Clinic	508	410	457

Question 4. How is the Service/Clinic staffed? Please provide information for each service/clinic.

Answer:

Bedford

- 1 x Dementia nurse (perm)
- 1 x dementia nurse (temp)
- 0.1 x Psychology
- 1.3 x Assistant psychology
- 0.2 x Support worker
- 1 x Consultant Psychiatrist
- 2 x Admin

Luton

- 2x Dementia nurses
- 0.5 Psychology
- 0.5 Assistant psychology

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0.5 OT
1 Consultant Psychiatrist
1 Support Worker
3 x Admin

Mid Bedfordshire

1 x Dementia nurse
0.5 Assistant Psychology
2 x 0.5 Consultant Psychiatrist
1 x Admin

South Bedfordshire

1 x Dementia Nurse
0.5 Assistant Psychology
0.5 Psychology
2 x 0.3 Consultant Psychiatrist
1 x 0.1 Consultant Psychiatrist
1 x Admin

Tower Hamlets

1 x Senior Nurse Practitioner
4 x CMHN's
1 x 8a Psychologist
1x 0.8 Occupational Therapist.
1x & 0.4 Administrators
2 x 0.5 Social Workers
1x 0.5 Bi-lingual Support, Time and Recovery Worker

City and Hackney

1 x Clinical Psychologist
2.20 x Clinical Psychologist
3.31 x Community Nurse
7 x Health Care Support Worker
3 x Senior Nurse
1 x Senior Nurse Manager
2 x Social Worker

Newham

1 x Clinical Psychologist
1 x Clinical Psychologist
5 x Community Nurse
0.80 x Community Nurse Manager
7.35 x Health Care Support Worker
2 x Senior Community Nurse
0.60 x Specialist MH Practitioner
3 Specialist MH Practitioner

Question 5. Could you please provide information about the role, responsibility, and level of seniority of the Health Care professional in charge of the Memory Service/Clinic? Please provide information for each service/clinic.

Answer:

Bedfordshire and Luton

- There is an 8a manager across all 4 memory assessment teams. The role is to provide stability of the services, provide support/guidance and leadership to staff.
- There is medical senior oversight in the form of a consultant psychiatrist per team.

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City and Hackney

- Operational Health are Lead, band 8A – day-to-day operational management of, and leadership to the dementia service and the CMHT for older people
- Consultant Psychiatrist – responsible clinician for the dementia service
- Consultant Geriatrician - geriatric input to the dementia service
- Clinical Psychologists (Band 8A - 1WTE) – neuropsychiatric assessment, high intensity post diagnostic psychotherapy and carers intervention, CST and MCI supervision

Newham

- 8A Operational Lead (RMN) – covers both CMHT and Memory Clinic - advises as needed. CCG communication/partnership.
- 8B Clinical Psychologist – specialist in neuropsychological assessment.
- Consultant Psychiatrist (specialist) – MDT in-pat to discuss all assessments performed, review CT and MRI brain scans that have been requested and to provide feedback of diagnosis as needed. Titration of acetyl
- Band 7 Senior Practitioner (RMN) – specialist overseeing day to day running of memory clinic as well as clinical input. Fulfilling MSNAP accreditation and ongoing review and fulfilment of standards.

Tower Hamlets

- 1 x 0.5 8a Operational Health lead – who provides direct operational and strategic leadership.
- 1x 0.5 & 1 x 0.2 WTE Consultant Psychiatrists - who provide direct clinical and strategic leadership.
- 1 x Consultant Neurologist 0.2 WTE who provides specialist clinical leadership.
- 1 x WTE Band 7 Senior Practitioner (RMN) – to provide clinical and operational leadership.

Question 6. Does the service/clinic provide Amyloid-PET imaging (API) and Cerebrospinal Fluid Testing (CSF)? If Yes, how many tests did the clinics undertake in the following financial years: Please provide information for each service/clinic. 2017/18 2018/19 2019/20

Question 7. If the clinics do perform CSF testing, are the samples sent to a laboratory outside the clinic? If Yes, could you provide the name and location?

Answer: No, none of the services/clinics provide Amyloid-PET imaging (API) and Cerebrospinal Fluid Testing (CSF)

Question 8. What were the average waiting times for GP referrals to memory clinics in the following financial years? 2017/18 2018/19 2019/20

Answer: Please see table below:

Team	Average Waiting Times (days)		
	2017-18	2018-19	2019-20
CH Dementia Service Diagnostic	22.1	22.3	25.1
LT Memory Assessment Service	27.0	24.5	17.6
NH MHCOP Memory Service DAS	23.7	31.1	26.7
TH MHCOP Memory Clinic	20.4	26.0	48.2

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