



East London
NHS Foundation Trust

Information Governance

The Green
1 Roger Dowley Court
Russia Lane
London
E2 9NJ

Email elft.foi@nhs.net

Website: <https://www.elft.nhs.uk>

25 May 2021

Our reference: FOI DA3771

I am responding to your request for information received 16 April 2021. I am sorry for the delay in responding to you. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Keshia Harvey
Information Governance Manager

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention

Chair: Mark Lam

Chief Executive: Paul Calaminus

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Request:

Dear East London NHS Foundation Trust,

I am writing to you under the Freedom of Information Act 2000 to request information from East London NHS Foundation Trust. Please may you provide me with the following information:

- What are the current waiting times for patients in East London diagnosed with Borderline Personality Disorder (BPD) to receive talking therapies from the services your trust provides? This means the waiting times for all patients with BPD that your trust supports from areas such as London, Hackney, Newham, Tower Hamlets, Bedfordshire and Luton etc.
- To be more specific, I am requesting the data you have on what number/percentage of patients with BPD have waited different amounts of time for talking therapies between April 2019- March 2021 (e.g. how many have waited over 3 months, over 6 months, over 1 year, over 1.5 years etc.) The data you hold which is closest to this would be preferable.
- Also, by talking therapies, I mean Dialectical Behavioural Therapy (DBT) and Cognitive Behavioural Therapy (CBT). Whether you choose to provide data on these together or separately is your choice.

Answer: Please see table below:

Wait period	No. of patients
Under 3 months	733
Over 3 months	68
Over 6 months	17
Over 12 months	1
Over 18 months	1