



**East London**  
NHS Foundation Trust

**Information Governance**

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**Website:** <https://www.elft.nhs.uk>

14 July 2021

**Our reference: FOI DA3855**

I am responding to your request for information received 18 June 2021. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Keshia Harvey  
Information Governance Manager

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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Chair: Mark Lam

Chief Executive: Paul Calaminus

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**Request:**

**Dear Sir/Madam Under the Freedom of Information Act of 2000, please can you provide me with the following information:**

- Question 1.** Does the Trust have a venous thromboembolism (VTE) risk assessment policy for hospitalised psychiatric patients as indicated in the NICE guideline [NG89]?
- Question 2.** If the Trust has a VTE Risk Assessment policy, please can you provide a copy of the Trust's policy that is used for hospitalised psychiatric patients as per NICE Guidance NG89:  
<https://www.nice.org.uk/guidance/ng89>
- Question 3.** Does the Trust have a VTE Risk Assessment tool that is used when assessing VTE risk in hospitalised psychiatric patients?
- Question 4.** If the Trust has a VTE risk assessment tool, please can you provide a copy of the VTE risk assessment tool that is used when assessing VTE risk in hospitalised psychiatric patients, as per NICE Guidance NG89:  
<https://www.nice.org.uk/guidance/ng89/chapter/Recommendations#risk-assessment>
- Question 5.** Does the Trust have a policy for monitoring venous thromboembolism (VTE) events in hospitalised psychiatric patients and in psychiatric patients for up to 90 days post discharge?
- Question 6.** If the Trust has a policy for monitoring venous thromboembolism (VTE) events in hospitalised psychiatric patients and in psychiatric patients for up to 90 days post discharge. Please can you provide a copy.

**Answer:** The Trust has reviewed questions 1-6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

*(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.*

The information requested is accessible here:

[https://www.elft.nhs.uk/uploads/files/1/Policies%20-%20Alisha/Venous%20Thromboembolism%20Reducing%20Risk%20\(V1.0%20august%20%202019\).pdf](https://www.elft.nhs.uk/uploads/files/1/Policies%20-%20Alisha/Venous%20Thromboembolism%20Reducing%20Risk%20(V1.0%20august%20%202019).pdf)

- Question 7.** Please can you provide the number of VTE diagnosis in hospitalised psychiatric patients including those diagnosed with a VTE within 90 days of discharge between February 2016 – February 2021.

**Answer:** The number of distinct 'inpatients or patients diagnosed within 90 days of discharge' between 1<sup>st</sup> February 2016 and 31<sup>st</sup> January 2021 who were diagnosed with VTE was 58.

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