

Information Governance

The Green
1 Roger Dowley Court
Russia Lane
London
E2 9NJ

Telephone: 020 7655 4053

Email elft.foi@nhs.net

Website: <https://www.elft.nhs.uk>

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Our reference: FOI DA3161

Thank you for your request for information received 3rd July 2019. I am sorry for the delay in responding to you. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Ayomide Adediran
Information Governance Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision. If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention

Request:

Can you please provide the following information:

Question 1. The current support offered to employees of your trust in relation to workforce mental health, this includes:

- **Current service provision in place to support staff mental health**
- **Current initiatives promoted by the trust in relation to staff mental health**
- **Current processes and procedures for a staff member experiencing mental health concerns that require support from a mental health professional**
- **Amount of money the trust spent on staff mental health for the financial year 2018-2019**

Answer: The Trust does not collect information on the amount of money spent on staff mental health. The current support offered to employees includes the following:

- Occupational Health referral/assessment
- Stress questionnaire
- Stress management return to work questionnaire
- Phased return to work following absence from work following OH recommendation
- Flexible working arrangements
- EAP (Employee Assistance Programme) – Provides free 24 hour confidential telephone counselling and up to 6 1:1 sessions on any issues to staff employed by East London NHS Foundation Trust (please see attached CiC information)
- Health and Wellbeing courses (Yoga and Pilates)

Question 2. The total amount of day's lost for the financial year 2018-2019 using the SP10 (mental health) sickness code.

Answer: 15434 days.

Question 3. Total financial cost to the trust specifically related to SP10 (Mental Health) sickness for the financial year 2018 – 2019

Answer: £1,219,401.11 – please note, this includes bank/agency cover to replace employees that were absent.