



East London
NHS Foundation Trust

Information Governance

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Our reference: FOI DA3239

Thank you for your request for information received 16th July 2019. I am sorry for the delay in responding to you. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Ayomide Adediran
Information Governance Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision. If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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Request:

Question 1. Please supply patient's information ECT leaflet.

Answer: Please find attached ECT patient's information leaflet.

Question 2. Please supply patient ECT consent form.

Answer: Please find attached patient ECT consent form.

Question 3. Please supply any ECT reports/investigations

Answer: There have been no ECT reports or investigations.

Question 4. How many ECT in 2018?

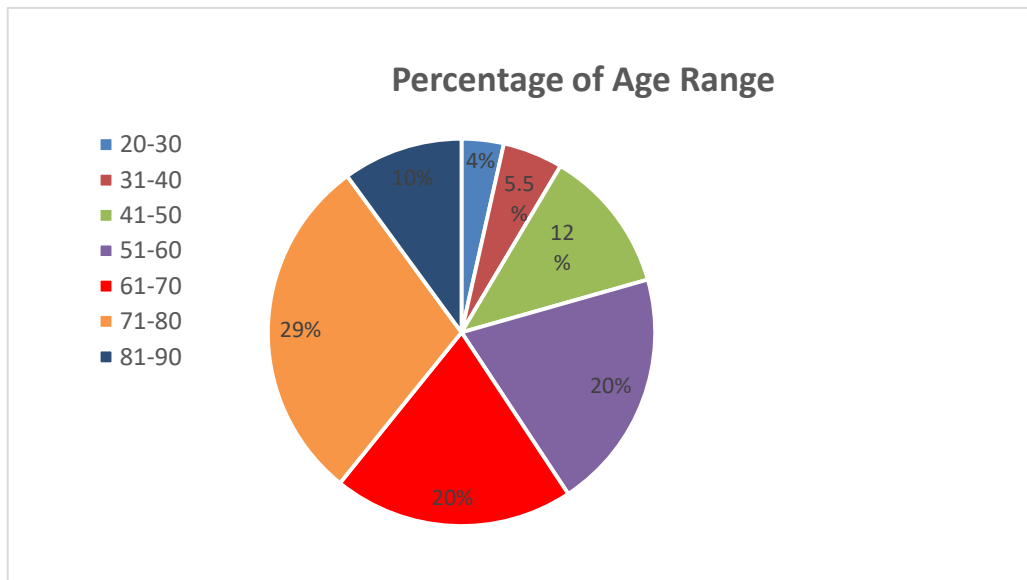
Answer: 59 patients had ECT in 2018 and there were 935 seen contacts with the ECT team in 2018.

Question 5. What proportion of patients were men/women?

Answer: 42 patients were female and 17 were male.

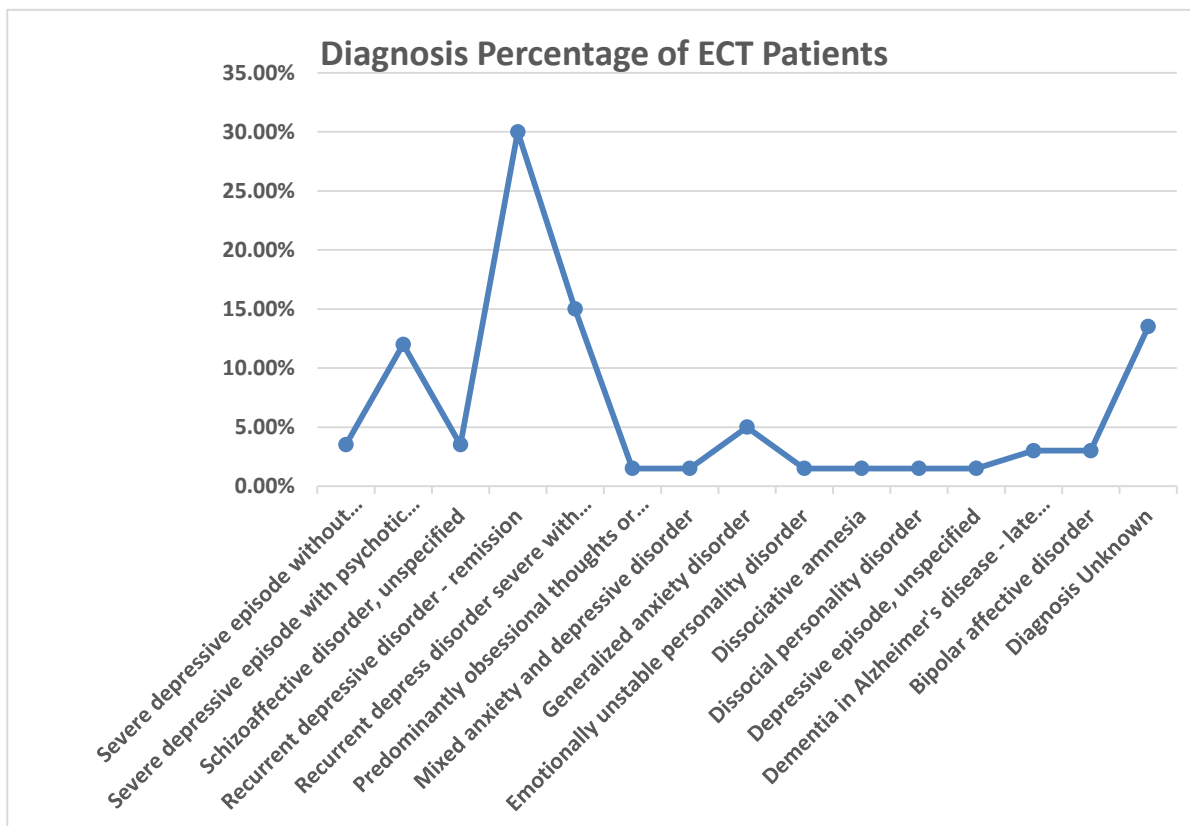
Question 6. How old were they?

Answer: Please see diagram below for a breakdown of the age ranges of patients receiving ECT.



Question 7. What were the diagnoses and in what proportions?

Answer: Please see chart below which shows diagnoses and their proportions.



Question 8. How many were receiving ECT for the first time?

Answer: 35 patients received ECT for the first time.

Question 9. How many patients consented to ECT?

Answer: 41 patients consented to ECT.

Question 10. How many SERIOUS INCIDENT REPORTS were investigated outside the NHS and CCG?

Answer: There were no serious incident reports investigated outside the NHS and CCG.

Question 11. How many patients died during or soon after ECT and what was the cause (whether or not ECT was considered the cause)?

Answer: No patients have died during or soon after ECT.

Question 12. How many patients died a few months after ECT and what was the cause (whether or not ECT was considered the cause)?

Answer: No patients have died a few months after ECT.

Question 13. How many patients died by suicide within a few months of receiving ECT (whether or not ECT was considered the cause)?

Chair: Marie Gabriel

Chief Executive: Dr Navina Evans

Answer: No patients have died by suicide within a few months of receiving ECT.

Question 14. How many patients have suffered complications during and after ECT and what were those complications?

Answer: No patients have experienced complications during or after ECT.

Question 15. Have there been any formal complaints from patients/relatives about ECT?

Answer: There have been no formal complaints from patients / relatives regarding ECT.

Question 16. If so, what was their concerns?

Answer: As no concerns have been raised this is not applicable.

Question 17. How many patients report memory loss/loss of cognitive function?

Answer: No patients have reported memory loss or loss of cognitive function.

Question 18. What tests are used to assess memory loss/loss of cognitive function?

Answer: The Trust uses three tests:
Mini Mental State Examination (MMSE)
PHQ-9 Nine Symptom Checklist
Montgomery Asberg Depression Rating Scale (MADRS)

I have attached these for your information.

Question 19. Have MRI or CT scans been used before and after ECT?

Answer: No.

Question 20. If so what was the conclusion?

Answer: Not applicable.

Question 21. How does the Trust plan to prevent ECT in the future?

Answer: ELFT provides an ECT service for its patients in line with the **NICE Guidance Technology Appraisal No. 59** dated April 2003 updated on May 2010 and **NICE Clinical Guidance for Depression (CG 90)** dated Oct 2009. ECT is an evidence based intervention recommended by NICE which is made available to patients and will continue to be offered in line with NICE Guidance for as long as required. The service is ECTAS regulated and provided to high standards. There are a number of other interventions such as rTMS and Ketamine infusion for depression. The Trust is considering introducing these treatments in future.