

Information Governance

The Green
1 Roger Dowley Court
Russia Lane
London
E2 9NJ

Telephone: 020 7655 4053

Email elft.foi@nhs.net

Website: <https://www.elft.nhs.uk>

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Our reference: FOI DA3380

Thank you for your request for information received 4th February 2020. I am sorry for the delay in responding to you. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Ayomide Adediran
Information Governance Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision. If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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Request:

I require the information in relation to adults. I would like the information for the period of January 2017 to January 2020.

Question 1. The average waiting times for patients for these four types of therapies;

**DBT (dialectical behavioural therapy),
CBT (cognitive behavioural therapy),
Family therapy and;
Dynamic psychotherapy.**

Answer: The Trust is unable to provide this information separately due to teams working across the four types of therapies mentioned. The average waiting times for all teams that provide the above therapies is 30 days for the period of January 2017 to January 2020.

Question 2. Please also provide the number of patients waiting for any psychological therapy for less than six months; between six months and a year; and longer than one year.

If you do not record waiting times data, please provide reports from your most recent CQC inspection.

Answer: The Trust records the number of service users waiting for their first psychological contact. Please see below.

Number of patients that waited less than six months = 63,751
Number of patients that waited between six months and a year = 284
Number of patients that waited longer than a year = 28