



### ELFT undertook a refresh of its strategy in 2021

The previous strategy was developed in 2017

## The purpose of the strategy was to ensure that we are learning and adapting our priorities in light of:

• The progress we've made since 2017

• The impact of the pandemic

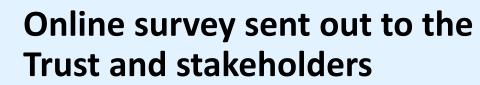
• The advent of integrated care systems and priorities of our system partners

• The changing demographic and need in our local communities





16 online workshops took place across the Trust and with various partners and stakeholders





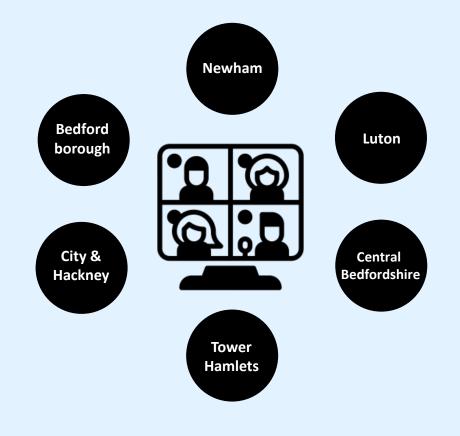


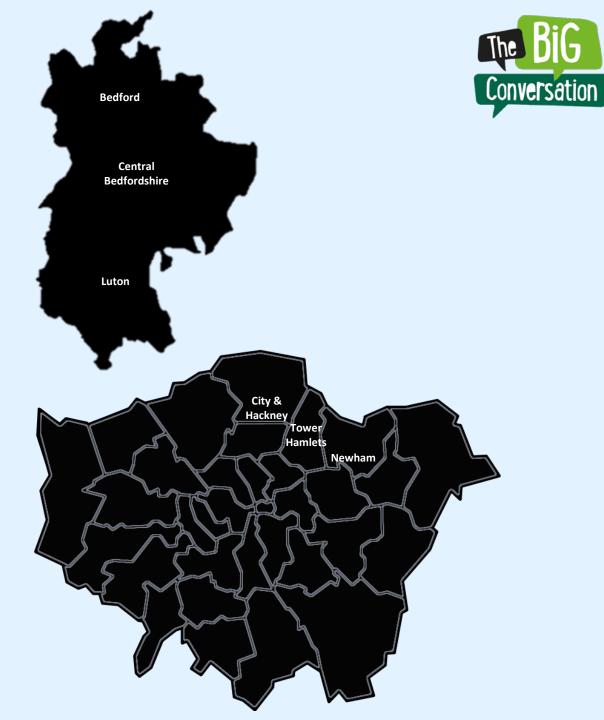
Feedback from over 350 people



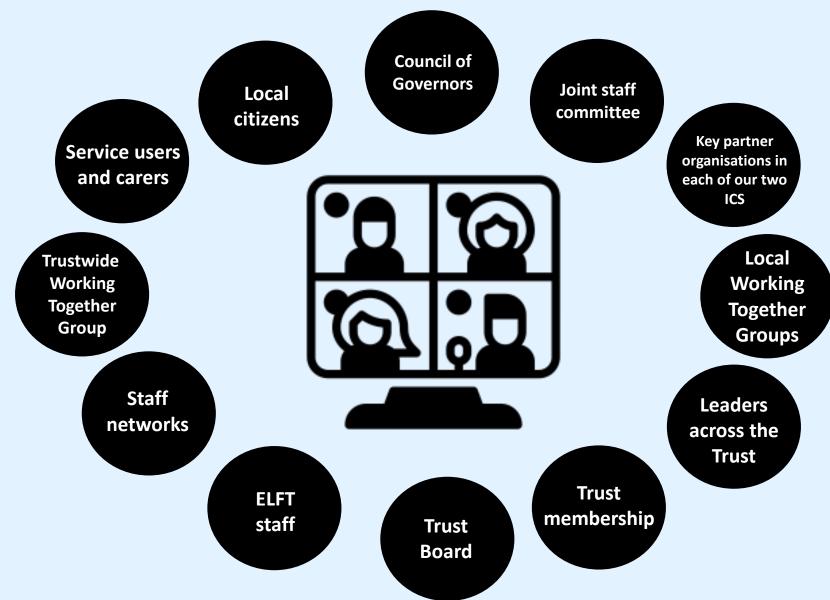
Discussions within existing meetings

Localities we have engaged to help us refresh the strategy





# People we have engaged to help us refresh the strategy





## Analysis



- Attendees individually answered questions during an online workshop (using Menti) or in an online survey (on MS Forms)
- Thematic analysis was then used on individual responses
  - One analyst independently identified themes for each response
  - Second analyst checked through and verified themes
  - The themes were then tabulated
  - Themes that received four or more responses were then included in the bubble chart for the question
  - Over 1150 responses thematically analysed



- 1. What adaptations and changes brought about by the pandemic should the trust hold on to and build upon?
- 2. What should the Trust focus on over the next 5 years to improve the quality of life for those we serve?
- 3. What are your hopes for what we will achieve through our strategy over these next 5 years?



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1. What adaptations and changes brought about by the pandemic should the trust hold on to and build upon?



"interest in, and support for, staff wellbeing"

"having both access to virtual appointments and face to face"

"The flexibility to work remotely from home"



"Supporting people in isolation"

> "Increased mental health support"

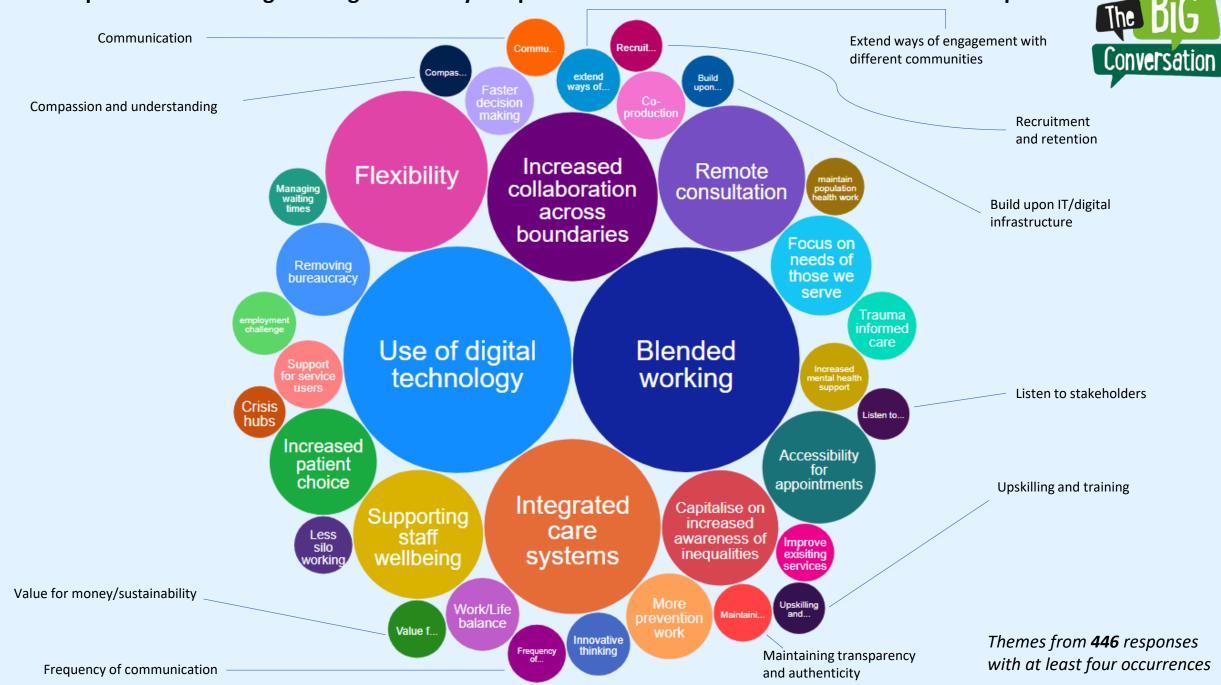
"Ensure staff represents the communities you serve"

"Supporting creativity and breaking some of the barriers to doing things differently"

> "Digital, collaboration across directorates. The use of Teams has created more opportunities for teams across the 2 ICS systems to work together"

"Removal of bureaucracy where possible to deliver services"

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#### 2. What should the Trust focus on over the next 5 years to improve the quality of life for those we serve?

"people participation in everything we are doing. Continuous improvement methods with system partners"

> "Retaining staff and improve their working conditions"

"Integration with other health services so people receive a more joined up approach to their care. To most people they are using the NHS rather than seeing the difference between their GP, ELFT, Barts etc"

"Embrace new ways of working and develop new skills. Virtual space is a new thing and new skills would need to be developed to keep up with the changing world"

"Improving communication - flow of information - information sharing loop in the Trust, between Trust and SUs and Carers, Trust and population" "Improve access to services (needs to be easier)"

"Listen to the patients and share that information with the decision makers. NO two communities are the same"

"Keep investing in staff experience and look after the health & wellbeing of staff"



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"Increased supportive and helpful presence in all the systems we operate in. Happy and content staff which = happy and content patients and service users"

"maintain national leadership role "

"continue to break the stigma of mental health"



"Closer work between Mental Health and Physical health, more fluid relationships between both sides"

"Better digital systems, better access and more unified systems across services"

"greater accessibility"

"More service user participation"

"That we have a real impact on the health and wellbeing of those we serve"

"That we work to keep as much of our spend as possible in our local areas"



#### 3. What are your hopes for what we will achieve through our strategy over these next 5 years?

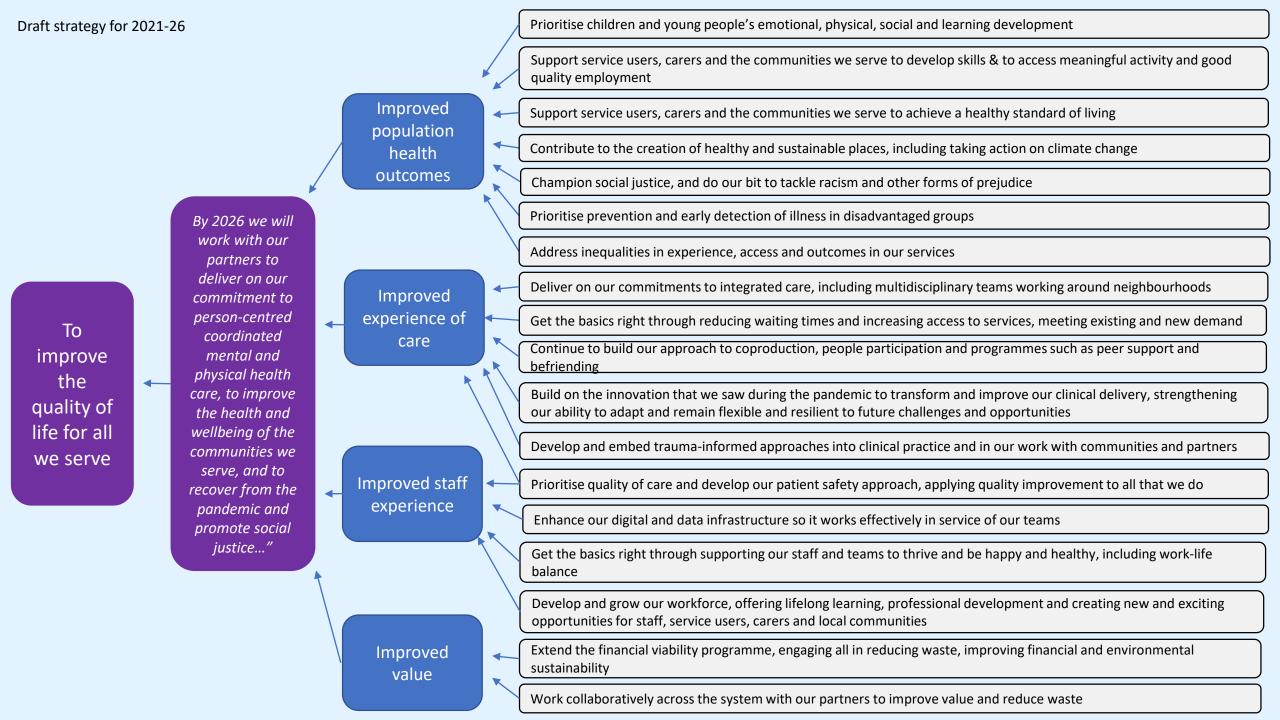




# ... brought together into a draft new strategy for 2021-25

### tested and iterated through presenting to a number of groups:

Trustwide working together group; non-executive directors; executive team; CEO discussion group (senior leaders across the Trust); inequalities workstream; integrated care and commissioning subcommittee of the Board



#### ... with a refreshed vision

"By 2026 we will work with our partners to deliver on our commitment to person-centred coordinated mental and physical health care, to improve the health and wellbeing of the communities we serve, and to recover from the pandemic and promote social justice..."

... and a continuing commitment to the way in which we work together

We promise To work together creatively To learn 'what matters' to everyone To achieve a better quality of life To continuously improve our services #ELFTPromise

Our organisational treasures	People participation	Quality improvement	Inclusion and diversity	Expertise in community health	
	Committed and caring staff	Clinically led		Viental health and recovery focus	System leadership and innovation