

Written: April 2021

Review date: April 2023

NELFT NHS NHS Foundation Trust

Best care by the best people

Barts Health NHS Trust- Clozapine Pathway



Patient **admitted** to hospital with **clozapine** as part of drug history (confirm <u>brand</u> and <u>dose</u>) [NB: must be prescribed by brand on drug chart]

How long has elapsed since the patient last took a dose of clozapine?

Less than 48 hours

It may be appropriate to continue clozapine at the patient's usual dose (<u>remember</u>: consider physical health factors before prescribing the drug- see below)

More than 48 hours

If clozapine is restarted, it will need to be re-titrated. Liaise with Psych Liaison and Clozapine Clinic as soon as possible for advice (as below)

Confirm that the patient has a "green" blood test result (meaning patient can continue taking clozapine):

- **During normal working hours:** Email or phone patient's clozapine clinic (local details as below) + speak with psych liaison team.
- Outside normal working hours/unable to contact local clozapine service: Contact national clozapine monitoring service directly[#] or the on-call pharmacist from the patient's usual mental health trusts.
 [NB: Remember to contact teams <u>as soon as possible</u> to inform them of the admission]

When contacting the local clozapine clinic for the patient they will require the following information:

- Name of patient, date of birth and NHS number
- Ward patient admitted to
- Presenting complaint/ circumstances of admission
- Amount of clozapine medication patient has (including strength)- [NB: ask patient if a representative
 can bring in patients own drugs (safety issue to reduce risk of stockpiling meds) / confirm place of supply &
 whether supply is needed]
- Blood test results on admission (include: neutrophils, platelets, WBC and eosinophils)
- Compliance & whether any doses have been missed (& duration of any treatment break as above)
- Copy of inpatient drug chart where clozapine dose has been prescribed.

Does the patient have their own supply of clozapine sufficient to cover duration of inpatient stay?

NO

During normal working hours: supply obtained from patient's regular clozapine clinic.

Outside normal working hours: contact on-call pharmacist for Trust associated with patient's clinic

YES

Use patient's own supply for administration whilst in hospital. Contact mental health team to ascertain blood test frequency

Discharge (24hours notice)

Contact Clozapine Pharmacist for regular clinic to arrange supply for discharge and community clinic appointment (blood test monitoring and further supply).



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Contact numbers

Barts Health Local Mental Health Trusts:

Tower Hamlets (ELFT) 86 Old Montague Street, London, E1 5NN

Tel: 020 7426 2350

Clozapine clinic email: elft.TH-Clozapine@nhs.net
Pharmacy email: elft.TH-Clozapine@nhs.net

Newham (ELFT) 115 Balaam Street, Plaistow, E13 8AF

Tel: 020 8548 5160 or 020 8548 5179

Clozapine clinic email: elft.ClozapineTeamNewham@nhs.net

Pharmacy email: elft.pharmacynewham@nhs.net

Outside normal working hours contact the on-call pharmacist covering the site via switchboard

(02075404380)

Whipps (NELFT)

Tel: 0300 555 1200 ext 64383

Pharmacy email: NELFTPharmacy@nelft.nhs.uk

Outside normal working hours contact NELFT pharmacy on call service by calling 0300 555 1200 and

asking for the on call pharmacist.

*All patients receiving clozapine in the UK will be registered with one of the following clozapine monitoring services. The service that the patient is registered with depends on the brand of clozapine they currently receive. These services can be contacted at any time (including out-of-hours) to clarify a patient's blood status.

- 1. **ZTAS**: Zaponex Treatment Access System (0207 365 5842) →info@ztas.co.uk (*Most ELFT patients*)
- 2. CPMS: Clozaril Patient monitoring service (0845 769 8269) (Most NELFT patients)
- 3. **DMS:** Denzapine Monitoring service (0333 200 4141)

Unable to obtain a supply from patient's local service?

In exceptional circumstances (e.g. out-of-area patient registered under a different clozapine service) the site's associated local Mental Health Trusts may be able to supply up to 48 hours' worth of clozapine until further supply can be obtained from the patient's normal clozapine service (off license)

Note: confirm patient's usual dose, place of supply, blood status, and recent compliance before contacting them as you will be asked for these details before a supply can be made.

If more than 48hours worth of clozapine is required, it will be necessary to transfer the patient's psychiatric consultant care to the local Mental Health Trust's associated consultant (e.g. ELFT), and then register the patient with their clozapine monitoring service. Contact the local pharmacy team for guidance (see contact details above).