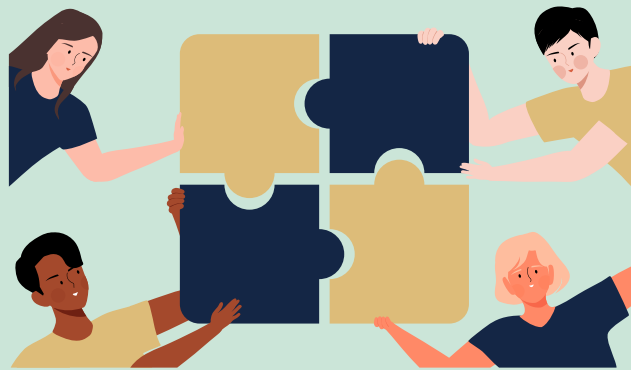




YOUNG ADULTS WORKING TOGETHER GROUP

**DO YOU HAVE EXPERIENCE OF ACCESSING MENTAL
HEALTH SERVICES OR SUPPORT IN EAST LONDON?**

**HELP US ENSURE THAT COMMUNITY MENTAL HEALTH
SERVICES PROVIDE WHAT REALLY MATTERS TO YOU**



Why join?

- Eligible participants will receive £20 for attending
- Develop new skills and build your confidence
- Access training opportunities (e.g. lived experience trainer, interview panel skills)
- Use your experience to influence new and existing services for young adults in Tower Hamlets, Newham or City & Hackney
- Make new connections and meet other young adults with similar experiences

Join us on Zoom on Monday 27 June, 6:00-7:30pm

Register at: <https://tinyurl.com/ELFTyawtg>

or email Kate at kate.stewart2@nhs.net for details

If you have now missed this event you can register to People Participation to stay updated on our upcoming events by completing our ['Getting to Know You' form here](#)



SCAN ME