

**Information Governance**

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**Our reference: FOI DA4031**

I am responding to your request for information received 6 December 2021. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,



Keshia Harvey  
Information Governance Manager

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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Chair: Mark Lam

Chief Executive: Paul Calaminus

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**Request:**

**MELD Study FOI survey v1.0 20/10/2021**

**We would like to collect the following information about your service for the study: Mapping and Evaluating Services for Children with Learning Disabilities and Behaviours that Challenge (MELD). Please note: where exact figures are unable to be given, please provide us with approximate values.**

**Name of Service: Luton CAMHS Neuro Developmental team and North Bedfordshire CAMHS Neuro Developmental team**

**Question 1: How long has the service been in place? (Years and months)**

Answer: Seven years.

**Question 2: Is the service a temporary or short term service/project with a fixed end date? (Yes / No)**

Answer:  Yes  
 No

**Question 3: Does the service stand-alone or is it part of/a sub-team of another service?**

Answer:  Stand-alone service  
 Part of another service

***If you are a stand-alone service, please skip to question 5.***

**Question 4: Please describe what other service or sub-team your service is part of:**

Answer: The NDT pathway is part of the Beds and Luton CAMHS service which provides emotional health support and episodes of evidenced based care to young people up to the age of 18.

**Question 5: Who commissions the service? If this service is jointly commissioned, please tick all that apply.**

Answer:

<input type="checkbox"/> NHS England specialist commissioning	<input type="checkbox"/> Private individual
<input type="checkbox"/> Local Authority: Education	<input checked="" type="checkbox"/> Clinical Commissioning Group (CCG)
<input type="checkbox"/> Local Authority: Social Care	<input type="checkbox"/> Transforming Care Partnership (TCP)
<input type="checkbox"/> Private organisation or company	<input type="checkbox"/> Integrated Care System (ICS)
<input type="checkbox"/> Voluntary organisation or charity	<input type="checkbox"/> Sustainable Transformation Partnership (STP)
<input type="checkbox"/> Other (please describe):	

***If you selected only one commissioner, please skip to question 7.***

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**Question 6:** If you selected only one commissioner, please skip to question 7.

Otherwise, please tell us the approximate percentage of funding that comes from each of the options you selected

**NHS specialist commissioning :**  
**Local authority: Education :**  
**Local authority: Social care :**  
**Private organisation or company :**  
**Voluntary organisation or charity :**  
**Private individual :**  
**Clinical commissioning group (CCG) :**  
**Transforming care partnership (TCP) :**  
**Integrated care system (ICS) :**  
**Sustainable transformation partnership (STP) :**  
**Other (if you answered 'other' to Q5):**

Answer: Not applicable.

**Question 7:** What are the ages of the children and young people with behaviours that challenge who can access the service? Please tick all that apply.

Answer:  0-4 years  
 5-11 years  
 12-15 years  
 16-19 years  
 20-25 years  
 25+ years

The service is for patients under 18 years old.

**Question 8:** At what age do children and young people with behaviours that challenge transition out of the service to a service for individuals who are older? (Years)

There is no adult service to which they transition to  
 They stay with the same service/team

*If you answered 'there is no adult service to which they transition to' or 'they stay with the same service/team' please skip to question 10.*

Answer: Not applicable.

**Question 9:** For those children and young people with behaviours that challenge transitioning out of the service, to what service(s) do they transition? Please tick all that apply.

Answer:  Community adult learning disability services  
 Community forensic services  
 Adult Intensive Support Team (IST)/ Behaviour support or PBS team  
 Other (please describe)

ELFT have a comprehensive transition pathway which starts at age 17 where a need has been identified. The service have dedicated transition support workers to enhance the experience of transition between both services.

**Question 10: What groups of children and young people with behaviours that challenge is the service for (in terms of inclusion criteria for the service)? Please tick all that apply**

Answer:  Children and young people with learning (intellectual) disabilities  
 Children with global developmental delay  
 Autistic children and young people who do not have a learning (intellectual disability)  
 Children and young people who both have learning (intellectual) disabilities and who are also autistic  
 Other disabled children and young people  
 Non-disabled children and young people  
 Other children and young people with particular "diagnoses" (please describe): Any other diagnoses not listed above.

**Question 11: Is the service only for children and young people with behaviours that challenge (even if they also have other support needs)? (Yes / No)**

Answer:  Yes  
 No

**Question 12: If you said that the service is not exclusively for children and young people with behaviours that challenge. Please describe who else/what other groups the service is for.**

Answer: Beds and Luton CMAHS offers a service to any young person with severe emotional mental health needs, regardless of diagnosis and not just those with challenging behaviours; this can manifest in a wide variety of symptoms. This particular pathway, NDT, also support young people with learning disability /neuro-diverse needs whose behaviours can often be challenging although not exclusive to this pathway.

**Question 13: Who can refer children and young people with behaviours that challenge into your service? Please tick all that apply**

Answer:  General Practitioners/Primary Care  
 Pre-schools  
 Self-referrals/Referral directly from the child's care  
 Social services  
 School – mainstream  
 Third sector organisations  
 School- special  
 Paediatricians  
 Child and Adolescent Mental Health Services (CAMHS)  
 Other health professionals  
 Other (please describe): Any other organisation not listed above.

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**Question 14: In a typical year, approximately how many referrals to the service are received (new and re-referrals)?**

Answer: North Bedfordshire CAMHS Neuro Developmental team: 109  
Luton CAMHS Neuro Developmental team: 110

**Question 15: Approximately what is the current total active caseload for the service of children and young people with behaviours that challenge?**

Answer: North Bedfordshire CAMHS Neuro Developmental team: 343  
Luton CAMHS Neuro Developmental team: 129

**Question 16: For each of the following professional groups, please indicate how many staff in the service are from this background and the approximate full time equivalent for each group. If nobody of this profession works in the service, please answer '0'. Please categorise staff by main role. If there are staff in your service from other backgrounds, please indicate these in the 'other care staff' option.**

Answer: It is not possible to split the WTE by service as the information is not recorded in that way.

Please see table below.

Professional Group	Number of staff	Full time equivalent
Assistant Psychologist	4	3.6
Assistant Social Worker	0	0
Clinical Psychologist	3	2.6
Dietician	0	0
General Nurse	0	0
Health Care Assistant	0	0
Learning Disability Nurse	1	1
Mental Health Nurse	3	2.85
Occupational Therapist	0	0
Physiotherapist	0	0
Psychiatrist (e.g., Consultant Psychiatrist, Staff Grade Doctor)	1	1
Qualified teacher	0	0
Speech and Language Therapist	0	0
Social Worker	1	1
Support worker	2	2
Other:		
Trainee High Intensity Therapist	1	1

**Question 17: Do any of the staff in the service have any specialist training and qualifications (with some certifications such as University or other training provider awards/credits) in behaviours that challenge beyond their professional training? For example, in positive behaviour support? (Yes / No)**

Answer:  Yes  
 No

**Question 18: How many staff in the service have had specialist training and qualifications in behaviours that challenge beyond their professional training? Please enter total number of staff for all that apply.**

**Positive behaviour support course:  
Challenging behaviour course:**

Answer: 71.

**Question 19: What assessment approaches does your service typically carry out for referrals of children and young people with behaviours that challenge? *Please tick all that apply***

Answer:  General health screen/assessment  
 Functional assessment of challenging behaviour  
 Medicines/drugs review  
 Sensory assessment  
 Mental health assessment  
 Cognitive assessment  
 Communication assessment  
 Autism assessment  
 Other (please describe):.

**Question 20: What intervention approaches does your service typically carry out that involve directly delivering interventions to children and young people with behaviours that challenge? *Please tick all that apply***

Answer:  Reducing challenging behaviour using medication  
 Behavioural interventions that concern behaviours that challenge  
 Writing a behaviour support plan  
 Delivering a multi-element behaviour support  
 Increasing communication skills  
 Increasing other adaptive skills (e.g., social or independence skills)  
 Psychological therapies for mental health problems  
 Physical health interventions - SIGNPOSTING  
 Pharmacological interventions for mental health problems  
 Psychological / pharmacological interventions for poor sleep - SIGNPOSTING  
 Other therapies (e.g., art therapy, music therapy, play therapy)  
 Sensory interventions  
 Other (please describe):

Please note, staff signpost regarding physical health interventions and Psychological / pharmacological interventions for poor sleep.

**Question 21: What supports for children and young people with behaviours that challenge does your service typically use that involve supporting others to deliver interventions (e.g., training)? Please tick all that apply**

- Answer:
- Mentoring/supervising other staff to deliver a behaviour support plan
  - Training in assessment and intervention for challenging behaviour
  - Training family carers
  - Training paid carers
  - Consulting on individual cases
  - Providing resources for families to use at home
  - Parenting programmes
  - Wellbeing interventions for families
  - Other (please describe): Any other organisation not listed above.

**Question 22: What outcome domains does your service typically measure for children and young people with behaviours that challenge and their families? Please tick all that apply**

- Answer:
- The child and/or young person's behaviours that challenge
  - The child and/or young person's quality of life
  - The child and/or young person's skills, such as communication skills, social skills, independence skills
  - The child and/or young person's mental health (e.g., anxiety, mood/depression)
  - Family carer well-being and quality of life (including quality of life of the family as a whole)
  - Family carer experience and satisfaction with services/support received
  - Other (please describe): CAMHS Outcome & Experience Measures

**Question 23: What methods does the service regularly use to obtain feedback about the service from children and young people with behaviours that challenge and their families and others? Please tick all that apply**

- Answer:
- Interviews with children and young people
  - Interviews with family carers
  - Interviews with other staff
  - Focus groups with children and young people
  - Focus groups with family carers
  - Focus groups with other staff
  - Advisory groups with children and young people
  - Advisory groups with family carers
  - Advisory groups with other staff
  - Service satisfaction questionnaires with children and young people
  - Service satisfaction questionnaires with family carers
  - Service satisfaction questionnaires with other staff
  - Professionals and staff from other agencies

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None

Other (please describe):

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