

Information Governance
Charter House
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Luton
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Email elft.foi@nhs.net
Website: <https://www.elft.nhs.uk>

11th May 2022

Our reference: FOI DA4121

I am responding to your request for information received **1st March 2022**. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,



Lara Cousens
Information Governance Manager – Information Rights

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
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Chief Executive: Paul Calaminus
Interim Chair: Eileen Taylor

Request:

Question 1: How many prescriptions for sleeping pills did you give out in 2021, 2020, 2019, 2018 and 2017?

Answer:

Years	Grand Total
2017	1989
2018	2238
2019	2043
2020	1605
2021	1300
2022	286
Grand Total	9461

Question 2: How much did this cost in total each year?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—

- (a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
- (b) if that is the case, to have that information communicated to them.

The Trust does not record the cost specifically for sleeping pills and can therefore not answer this question.

Question 3: If possible, could you please break down the age of patients that received the prescriptions, either exact ages or in age groups (eg xx number of prescriptions given to 16-24 year olds)

Answer:

Age (Years)	Total	Age (Years)	Total
0	125	56	173
15	43	57	176
16	13	58	159
17	23	59	159
18	28	60	114
19	49	61	79
20	50	62	101
21	85	63	76
22	146	64	160
23	188	65	50
24	142	66	148
25	193	67	50
26	166	68	48
27	216	69	27
28	240	70	21
29	201	71	19
30	184	72	24



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31	284	73	11
32	216	74	10
33	308	75	5
34	354	76	10
35	237	77	2
36	266	78	2
37	286	79	3
38	329	80	5
39	221	81	7
40	185	82	1
41	319	83	6
42	216	84	2
43	180	85	1
44	275	86	9
45	190	87	2
46	179	88	3
47	201	89	1
48	157	90	3
49	141	91	1
50	202	93	6
51	214	94	3
52	217	95	4
53	157	96	2
54	201	98	1
55	150	Grand Total	9461



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