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15<sup>th</sup> March 2022

**Our reference: FOI DA4129**

I am responding to your request for information received **7<sup>th</sup> March 2022**. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,



Lara Cousens  
Information Governance Manager – Information Rights

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

**Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention**

Chair: Mark Lam

Chief Executive: Paul Calaminus

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*We respect*

*We are inclusive*

**Request:**

**Acute management of Venous thromboembolism:**

**Question 1: Confirm whether the Trust routinely prescribes direct oral anticoagulants (DOACs) in preference to low molecular weight heparin (LMWH) and warfarin for the management of standard acute venous thromboembolism (VTE)?**

**Answer:** Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—

- (a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
- (b) if that is the case, to have that information communicated to him.

East London NHS Foundation Trust is predominately a Mental Health Trust and as such does not hold this information.

**Question 2: Please provide a copy of the Trusts' management policy on management of acute venous thromboembolism (VTE).**

**Answer:** The Trust has reviewed questions X-X of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

- (1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.

The information requested is accessible here:

<https://www.elft.nhs.uk/sites/default/files/Venous%20Thromboembolism%20Reducing%20Risk%203.1.pdf>

**Question 3: Does the Trust provide all patients with an unprovoked VTE a medical opinion from a thrombosis physician?**

**Question 4: Does the Trust definition of an 'unprovoked VTE' include women using the combined oral contraceptive pill or hormone replacement therapy (HRT)?**

**Question 5: Do investigations after an unprovoked VTE follow NICE guidance?**

**Question 6: Per week, how many clinics are devoted to seeing patients with VTE in the Trust?**

**Question 7: How many full-time equivalents are employed by the Trust to provide thromboprophylaxis and care of thrombosis patients from?**

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- a. Nursing
- b. Pharmacists
- c. Medical

### **Thromboprophylaxis**

**Question 8: Does the Trust routinely meet the 95% VTE Risk Assessment level required by NHS England?**

**Question 9: Please provide the monthly percentage (admissions numbers/VTE risk assessments carried out) for VTE risk assessments carried across the Trust between 1st October 2021 – 31 December 2022.**

**Question 10: Does the Trust have dedicated funding for a team ensuring VTE prevention occurs?**

### **COVID-19**

**Question 11: Please provide a copy of the Trust's thromboprophylaxis protocols used to treat in-patients with COVID-19 pneumonia.**

### **Psychological care**

**Question 12: Do VTE patients within the Trust have access to clinical psychological support?**

**Question 13: How many sessions per week are provided by the Trust for VTE clinical psychological support?**

### **Cancer-associated VTE**

**Question 14: Does the Trust have a dedicated clinical lead for cancer associated thrombosis (CAT)?**

**Question 15: Does a protocol exist for managing VTE in those with cancer?**

**Question 16: Please provide a copy of the Trusts' protocol for managing VTE in those with cancer.**

### **VTE prevention and management in the community**

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**Question 17: Please provide copies of VTE care pathways developed to support community clinicians with regards to:**

- (i) Anticoagulation medication changes**
- (ii) Anticoagulation dosing.**

**Question 18: Does the Trust have specific VTE guidance for:**

- (i) System wide protocols?**
- (ii) E-consultation facilities?**
- (iii) On call clinician to discuss problems and seek advice from?**

**Question 19: Please provide copies of the Trust's protocol documents for VTE prevention and management in**

- (i) System wide protocols**
- (ii) E-consultation facilities**
- (iii) On call clinician to discuss problems and seek advice from**

**Answer:** Section 1(1) of the Freedom of Information Act 2000 states:

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- (a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
- (b) if that is the case, to have that information communicated to him.

East London NHS Foundation Trust is predominately a Mental Health Trust and as such does not hold the information requested for questions 3 to 19.