

Checklist for Developmental Coordination Disorder (DCD) Referral

Concerns	Yes	No
1. Have difficulties in coordinating body which then impacts participation in sports and leisure activities (e.g. balancing, catching/throwing ball, riding a bike/scooter, team games such as football, basketball and etc.)		
2. Have difficulties in planning a motor activity, organising his/her body to follow the plan and completing the task (e.g. engaging in PE activities, moving on playground equipment, doing arts & crafts and etc.)		
3. Have difficulties in learning new motor tasks (e.g. swimming, tennis & etc.) easily and does require more practice, time and effort than other children to achieve the skill?		
4. Have difficulties with self-care activities such as orientating clothes, tying shoe laces, fastening buttons, zips and using the cutleries?		
In addition, you may see other concerns such as...		
5. Have difficulties in writing legibly and as fast as his/her peers?		
6. Have difficulties in applying appropriate force or tension when manipulating different tools (e.g. pencil/pen, scissors, glue stick and etc.)		
7. Have difficulties with organising / finding things in his/her bag pack / desk / room?		
8. Have difficulties in maintaining an upright sitting posture for longer periods (e.g. slouches on the desk, fatigues easily, leans towards one side of the chair and etc.)		

References:

Diagnostic and Statistical Manual of Mental Disorders 5th Edition: Developmental Coordination Disorder Criteria

The Developmental Coordination Disorder Questionnaire 2007 (DCDQ): B.N. Wilson and S.G. Crawford

The Adult Developmental Coordination Disorder / Dyspraxia Checklist (ADC) for Further and Higher Education 2008: Kirby and Rosenblum