

Information Governance

Charter House
7 Alma Street
Luton
LU1 2PJ

Email elft.foi@nhs.net

Website: <https://www.elft.nhs.uk>

26th October 2022

Our reference: FOI DA4312

I am responding to your request for information received **29th July 2022**. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,



Lara Cousens
Information Governance Manager – Information Rights

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive: Paul Calaminus
Interim Chair: Eileen Taylor

Request:

Question 1: How many people have been diagnosed with Body Dysmorphic Disorder (BDD) in the trust during the past 20 years (or as far back as the records allow you to search)

Answer: Please note that the Trust only holds this data from 2007. Therefore all information provided in this response is from that year. Since 2007 East London NHS Foundation Trust has had 202 patients diagnosed with Body Dysmorphic Disorder.

Question 2: In the past 20 years (or as far back as it is possible to search records) how many people with Body Dysmorphic Disorder (BDD) were treated in primary care services.

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust is primarily a Mental Health and Community Health Trust and as such does not hold data for primary care services. We are therefore unable to provide a response.

Question 3: In the past 20 years (or as far back as you may be able to search in the records) how many people diagnosed with Body Dysmorphic Disorder (BDD) were treated in secondary care.

Answer: As per question one, 202 patients diagnosed with Body Dysmorphic Disorder have been treated in the Trust since 2007.

Question 4: Can you provide me with a yearly breakdown of how many people within the trust have been diagnosed with BDD and treated per year over the past 20 years (or as far back as the records allow you to search). Broken down by:

Answer: Please note that the figures provided for the following questions include patients who have been diagnosed and then treated. However some patients may return to the service after being discharged and therefore may be counted more than once in terms of treatment.

Please see table below for the total number of patients diagnosed with BDD per year since 2007:

2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	Total
X	X	12	10	24	12	12	19	11	29	21	19	20	16	22	15	248

The information you have requested broken down to the required levels results in less than five individuals for some years and therefore has the potential for those individuals to be identified. We can therefore not provide this information which could contravene The Data Protection Act 2018 / UK GDPR. An X has been entered in place of those entries.



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive: Paul Calaminus
Interim Chair: Eileen Taylor

Question 4a: The number of people diagnosed/treated with BDD per year and the area/region within the trust.

Answer: Please see response to question 4e.

Question 4b: Gender

Answer: Please see table below:

Gender	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	Total
Female	X	X	8	6	10	X	9	7	8	19	10	10	9	13	11	9	136
Male	X	X	X	X	14	9	X	12	X	10	11	9	11	X	11	6	112
Grand Total	X	X	12	10	24	12	12	19	11	29	21	19	20	16	22	15	248

The information you have requested broken down to the required levels results in less than five individuals for some years and therefore has the potential for those individuals to be identified. We can therefore not provide this information which could contravene The Data Protection Act 2018 / UK GDPR. An X has been entered in place of those entries.

Question 4c: Ethnicity

Answer: The Trust has reviewed question 4c of your request for information under the Freedom of Information Act (FOI) 2000.

The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

The information you have requested broken down to the required levels results in less than five individuals for each year / category and therefore has the potential for those individuals to be identified. We can therefore not provide this information which could contravene The Data Protection Act 2018 / UK GDPR.

However, please see table below, listing the total number of patients per category where the total is more than 5. Where the total is less than 5 the category has been marked with an X.

Ethnicity	Grand Total
Asian or Asian British - Any other background	7
Asian or Asian British - Bangladeshi	21
Asian or Asian British - Indian	12
Asian or Asian British - Pakistani	X
Black or Black British - African	7
Black or Black British - Any other background	7
Black or Black British - Caribbean	7
Mixed - Any other mixed background	X
Mixed - White & Asian	X



Mixed - White & Black African	X
Mixed - White & Black Caribbean	X
Not Known	11
Not Stated (Not Requested)	11
Other Ethnic Groups - Any other Ethnic Group	16
Other Ethnic Groups - Chinese	X
White - Any other background	20
White - British	115
White - Irish	X
Grand Total	248

Question 4d: Age

Answer: Please see table below:

Age bracket	20 07	20 08	20 09	20 10	20 11	20 12	20 13	20 14	20 15	20 16	20 17	20 18	20 19	20 20	20 21	20 22	Total
Under 18	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4
18-24	X	X	5	X	6	X	X	X	X	8	X	7	5	X	5	X	63
25-34	X	X	X	X	8	X	X	X	X	8	5	X	X	5	X	X	52
35-44	X	X	X	X	X	X	X	7	X	X	6	6	X	X	X	5	53
45-54	X	X	X	X	7	X	X	X	X	X	X	X	X	X	X	X	34
55-64	X	X	X	X	X	X	X	X	X	X	X	X	X	X	5	X	24
Over 65	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	18
Total	1	5	12	10	24	12	12	19	11	29	21	19	20	16	22	15	248

The information you have requested broken down to the required levels results in less than five individuals for some years and therefore has the potential for those individuals to be identified. We can therefore not provide this information which could contravene The Data Protection Act 2018 / UK GDPR. An X has been entered in place of those entries.

Question 4e: Region/area in the trust

Answer: Please see table below:

Directorate	20 07	20 08	20 09	20 10	20 11	20 12	20 13	20 14	20 15	20 16	20 17	20 18	20 19	20 20	20 21	20 22	Total
Bedfordshire	X	X	X	X	X	X	X	X	X	X	6	8	X	5	8	6	42
CAMHS	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4
City & Hackney	X	X	6	X	13	X	X	8	X	X	X	X	5	X	X	X	59
Forensic	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	2
Luton	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	18
Newham	X	X	X	X	X	X	6	X	X	10	5	X	X	X	6	5	55
Tower Hamlets	X	X	6	6	9	X	X	6	X	10	X	X	5	X	X	X	68
Total	X	X	12	10	24	12	12	19	11	29	21	19	20	16	22	15	248

The information you have requested broken down to the required levels results in less than five individuals for some years / directorates and therefore has the



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive: Paul Calaminus
Interim Chair: Eileen Taylor

potential for those individuals to be identified. We can therefore not provide this information which could contravene The Data Protection Act 2018 / UK GDPR. An X has been entered in place of those entries.

Please note the Trust does not record this data specifically by area, only by the service where the patient has been treated, as such the table below is listed in this way. We hope this is useful to you.



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive: Paul Calaminus
Interim Chair: Eileen Taylor