

Information Governance

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Chief Executive: Paul Calaminus

Interim Chair: Eileen Taylor

3rd November 2022

Our reference: FOI DA4263

I am responding to your request for information received **29**th **June 2022**. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

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Shuchi Joshi

Senior Information Governance Coordinator - Information Rights

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office Wycliffe House Water Lane Wilmslow Cheshire SK9 5AF

Tel: 0303 123 1113 Web: <u>www.ico.org.uk</u>

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention

Request:

Answer:

Question 1: How many people do the Community Mental Health Team (CMHT) employ that can provide Dialectical Behaviour Therapy (DBT)?

Formal therapy DBT can only be delivered in dedicated DBT teams. East

London NHS Trust does not have dedicated DBT teams, however we do have

staff trained to deliver DBT skills.

Question 2: How many people do the CMHT employ who can provide other

psychological therapies (i.e. all other therapies other than DBT)? Please

name the therapies.

Answer: The Trust has reviewed question 2 of your request for information under the

Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—

(a) to be informed in writing by the public authority whether it holds information

of the description specified in the request, and

(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record the number of staff specifically employed by Community Mental Health Teams and is therefore

unable to provide a response.

Question 3: How many people can the CMHT offer DBT to?

Question 4: How many people are getting DBT via the CMHT?

Question 5: How many people are on the waiting list for DBT via the CMHT?

Answer: The Trust has reviewed questions 3 - 5 of your request for information under

the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—

(a) to be informed in writing by the public authority whether it holds information

of the description specified in the request, and

(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record information specifically

for DBT and is therefore unable to provide this information.

Question 6: How many people have contacted the CMHT for help with their mental

health issues in each year since 2017?

Answer: Please see below table which indicates the number of referrals received by

the Trust for patients requiring help with their mental health.

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Year	Number of Referrals Received
2017	25,042
2018	25,567
2019	28,933
2020	26,168
2021	32,372
2022 (01/01/22 – 31/08/22)	25,927
Total	164,009

Question 7: How many of those people have subsequently been assessed by the CMHT in each year since 2017?

Answer:

Year	Number of People Assessed
2017	12,296
2018	12,692
2019	13.389
2020	12,679
2021	15,320
2022 (01/01/22 – 31/08/22)	12,648
Total	79,024

Question 8: How many were identified as needing treatment in each year since 2017?

Answer:

Year	Number of People Needing Treatment
2017	8592
2018	9741
2019	9769
2020	9020
2021	11,146
2022 (01/01/22 – 31/08/22)	9284
Total	57,552

Question 9: How many of those identified as needing treatment have been given the treatment that they needed since 2017?

Answer:

Year	Number of People Treated
2017	6081
2018	7590
2019	7475
2020	7510
2021	9182
2022 (01/01/22 – 31/08/22)	7389
Total	45,227

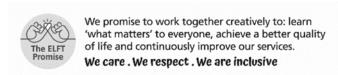
Question 10: How many more are on waiting lists to receive their treatment?

Answer:

Number of People Needing Treatment	Number of People Received Treatment	Number of People Awaiting Treatment
11,066	9656	1410

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Question 11: How long are those waiting lists?

Directorate	Average Waiting Time (days)
Luton	120
Tower Hamlets	171
City & Hackney	195
Bedfordshire	147
Newham	108

Question 12: How many more practitioners would the CMHT need before they can offer the same level of treatments that are required?

Answer: The Trust has reviewed questions 12 of your request for information under the

Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.