

LOOKING AFTER YOUR MENTAL HEALTH & WELLBEING IN DUNSTABLE

Everyone welcome



Participate in conversations to help shape the future of services

Come and hear about wellbeing activities like the local gardening and walking groups

Talk to different organisations & explore the wide variety of support on offer

Buffett lunch is provided – let us know of any dietary requirements when booking

This is a free event open to anyone accessing or interested in Mental Health Services in **Dunstable**.
Pre-booking is advised to secure your place.

Mental Health Services are changing
Join us to get involved and have your say

Wednesday 8th February 2023
10:30am - 3pm

The Dunstable Community Halls
Manchester Place, Dunstable,
LU6 1HT

SCAN ME



Please register your interest here

<https://www.eventbrite.co.uk/e/487863040487>

For any questions please contact Patrick or Sally on Patrick.moore1@nhs.net or Sally.Wilkin2@nhs.net