

**CALLING
ALL
NEW PARENTS &
PROFESSIONALS**

**IF YOU ARE THINKING
OF HAVING A BABY OR
RECENTLY HAD A BABY
(0 TO 1 YEARS) AND
STRUGGLING WITH
YOUR WELLBEING
WE CAN HELP YOU**

Join Us
27th January 2023
11am - 1pm



LUTON CENTRAL LIBRARY, ST GEORGE'S SQ. LU1 2NG

- What's available locally;
- Learn coping skills;
- Networking opportunities



For info: 01234 263642

