

Information Governance

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Website: <https://www.elft.nhs.uk>

21 December 2022

Our reference: FOI DA4369

I am responding to your request for information received 14th September 2022. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,



Lara Cousens
Information Governance Manager – Information Rights

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
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Chief Executive: Paul Calaminus
Chair: Eileen Taylor

Request:

Question 1: Please can you provide information on the current wait time to access mental health services in your Trust, by the number of days/weeks between initial referral to receiving the support.

Answer: The average wait time to access the Trust's Community Mental Health Services is 399 days.

The average wait time to access the Trust's IAPT services can be found at the following link. East London NHS Foundation Trust services are identified by provider codes beginning RWK. Mean and median waits (in days) are provided for referral to first treatment appointment.

<https://digital.nhs.uk/data-and-information/publications/statistical/psychological-therapies-report-on-the-use-of-iapt-services>

Question 2: Please can you provide information on how many people are currently on your waiting list to access mental health support?

Answer: As at October 2022 the number of people currently waiting to access the Trust's Community Mental Health Services is 18991.

As at October 2022 the number of people currently waiting to access the Trust's IAPT services is 641.

Question 3: Please can you also provide the number of referrals to mental health services made for young adults aged 16-25: Per month for 2022 (year to date), 2021, 2020, 2019, 2018

Answer: Please see below table for number of referrals to mental health services made for young adults aged 16-25:

Month	Total	Month	Total	Month	Total
Jan-2018	1601	Aug-2019	1605	Mar-2021	2697
Feb-2018	1526	Sep-2019	1667	Apr-2021	2348
Mar-2018	1572	Oct-2019	1991	May-2021	2460
Apr-2018	1400	Nov-2019	1841	Jun-2021	2476
May-2018	1731	Dec-2019	1750	Jul-2021	2438
Jun-2018	1566	Jan-2020	2002	Aug-2021	2052
Jul-2018	1624	Feb-2020	1938	Sep-2021	2286
Aug-2018	1522	Mar-2020	1595	Oct-2021	2287
Sep-2018	1461	Apr-2020	1059	Nov-2021	2362
Oct-2018	1745	May-2020	1347	Dec-2021	2117
Nov-2018	1717	Jun-2020	1750	Feb-2022	2153
Dec-2018	1478	Jul-2020	1982	Mar-2022	2810
Jan-2019	1688	Aug-2020	1882	Apr-2022	2177
Feb-2019	1604	Sep-2020	1945	May-2022	2152
Mar-2019	1749	Oct-2020	2226	Jun-2022	2023
Apr-2019	1658	Nov-2020	2221	Jul-2022	1985
May-2019	1856	Dec-2020	2097	Aug-2022	2002
Jun-2019	1783	Jan-2021	1892	Sep-2022	2072
Jul-2019	1918	Feb-2021	2011		



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IAPT referrals by age group are available in IAPT Quarterly Activity Data Files, which are published at the address below. East London NHS Foundation Trust services are identified by provider codes beginning RWK, and data is provided for age groups under 18 and 18-25.

<https://digital.nhs.uk/data-and-information/publications/statistical/psychological-therapies-report-on-the-use-of-iapt-services>



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