



East London
NHS Foundation Trust

Information Governance

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5 January 2023

Our reference: FOI DA4476

I am responding to your request for information received 29 November 2022. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Keshia Harvey
Information Governance Manager

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Chief Executive: Paul Calaminus
Chair: Eileen Taylor

Request:

These questions relate to CAMHS services (mental health and neurodevelopmental) across all Local Authorities within the ICS.

Question 1: What age range does your service cover?

Answer: East London NHS Foundation Trust provides CAMHS services in two ICBs, Bedfordshire, Luton and Milton Keynes ICB (BLMK) and North East London ICB (NEL) to children and young people up to 18 years old.

Question 2: How many service users are receiving care and how many children/young people are on the waiting list, split by gender?

Answer: Please see table below:

	Male	Female	Not specified
Number Of Service Users Receiving Care	27139	28648	14
Number Of Children / Young People on Waiting List	841	874	1

Question 3: What is the average age of autism diagnosis by gender?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—

- (a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and*
- (b) if that is the case, to have that information communicated to him.*

East London NHS Foundation Trust does not capture diagnosis for CAMHS services in a searchable format. The Trust does not hold the information requested and is therefore unable to disclose it to you.

Question 4: How many of your current mental health service users have a diagnosis of autism, split by gender?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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Question 5: Is there an alternative service commissioned to deal with the MENTAL HEALTH needs of diagnosed or suspected autistic people? If yes, please provide details of the scope of their commission.

Answer: No.

Question 6: How many referrals have you received in 2022 and how many have been refused/discharged without appointment or treatment?

Answer: Please see table below:

	Total
CAMHS Referrals received in 2022	18920
Referrals refused/discharged without appointment or treatment?	2504

The following questions relate to your clients who ALSO have a co-occurring mental health condition as well as being autistic or otherwise neurodivergent.

Question 7: How many hours of CBT are offered each week?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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(b) if that is the case, to have that information communicated to them.

The Trust has reviewed question 7 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.

Question 8: How many of these hours are specifically adapted for autism?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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(b) if that is the case, to have that information communicated to them.

The Trust has reviewed question 8 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.

Question 9 How many hours of eating disorder therapies are offered each week?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:



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The Trust has reviewed question 9 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.

Question 10: How many are adapted specifically for autism?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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The Trust has reviewed question 10 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.

Question 11: Do you commission DBT and is it standard / adapted for autism?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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The Trust has reviewed question 11 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.

Question 12: Do you commission EMDR and is it standard / adapted for autism?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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The Trust has reviewed question 12 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.



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Question 13: Do you commission Art therapies and are they standard / adapted for autism?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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The Trust has reviewed question 13 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.

Question 14: Is any Occupational therapy commissioned standard / adapted for autism?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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The Trust has reviewed question 14 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.

Question 15: Are lead professionals assigned to young people required to have recent training in autism from autistic-led organisations?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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The Trust has reviewed question 15 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.

Question 16: Are new lead professionals required to read case files?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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The Trust has reviewed question 16 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.

Question 17: Does your CAMHS offer an alternative method of contact (text, email, video) to accommodate autistic young people who find standard therapies hard to access?

Answer: Section 1(1) of the Freedom of Information Act 2000 states:

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The Trust has reviewed question 17 of your request. The Trust does not record the information as requested and is therefore unable to disclose it to you.



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