

Self-Referral ELFT Community Health Services

<https://www.elft.nhs.uk/health-professionals/information-gps/i-am-gp-tower-hamlets>

Service	Our Referral Criteria	How does patient self-refer?
CHS Care Navigation	<ul style="list-style-type: none"> • Frequent visits to GP and/or request for home visit • Complex care needs including end of life care • Patients who self-neglect or at risk of neglect and hard to engage • Patients who could be taught to self-manage • Patients with social issues that impact on health 	Email: f.colley@nhs.net OR Telephone: 0300 033 5000 and ask for the Care Navigation Service
Macmillan Cancer Care Navigation	<ul style="list-style-type: none"> • Adults over 18 with a diagnosis of cancer • Complex health and social care needs • Are vulnerable and isolated 	Email: elft.macmillancarenavigation@nhs.net OR Telephone: 0300 033 5000 and ask for the Care Navigation Service
Emergency Foot Clinic	<ul style="list-style-type: none"> • Blisters and sores • Discharging and infected wounds • Inflamed areas such as acute in growing toenails 	Mon-Fri (excluding bank holidays) at Mile End Hospital, Foot Health Department. To ensure treatment they must be present at 8.30am.
Falls Pick Up Service	<ul style="list-style-type: none"> • Adults age 18 and over who have fallen in their home environment 	Call NHS 111
Continence Pads	<ul style="list-style-type: none"> • If patients have previously been seen by the continence service but just need to re-order their pads 	Call 0800 030 44 66 OR if discharged from the NHS supply chain ask patient to call continence service 0207 771 5795