

**Information Governance**

Robert Dolan House  
9 Alie Street  
London  
E1 8DE

**Email** [elft.foi@nhs.net](mailto:elft.foi@nhs.net)

**Website:** <https://www.elft.nhs.uk>

05 May 2023

**Our reference: FOI DA4679**

I am responding to your request for information received 5 April 2023. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive:** Paul Calaminus  
**Chair:** Eileen Taylor

**Request:** Information relating to children and young people's mental health service including information on transition between children's and adult's mental health services.

**Question 1:** Please provide the figures for the total number of children and young people discharged from children's mental health services with a referral to adult mental health services for each of the last three full financial years: 2019/20, 2020/21, 2021/22

**Answer:** Please see table below:

Financial Year	CAMHS discharges with a referral to adult services
2019/20	189
2020/21	164
2021/22	210

**Question 2:** Please provide the waiting time figures between discharge for CAMHS services and first appointment with adult mental health services for the last three full financial years: 2019/20, 2020/21, 2021/22

**Including:**

- a)  % Waiting (0-4 weeks)
- b)  % Waiting (4-6 weeks)
- c)  % Waiting (6-8 weeks)
- d)  % Waiting (8-10 weeks)
- e)  % Waiting (10-12 weeks)
- f)  % Waiting (over 12 weeks)
- g)  % Still waiting (no contact)

**Answer:** The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

In order for the Trust to provide information relating to waiting time figures, it would have to access patient records. We do not have a legal basis to access patient records in order to respond to a Freedom of Information Request. Therefore we are unable to provide a response.

**Question 3:** Please provide figures for the last three full financial years: 2019/20, 2020/21, 2021/22, with the proportion of people who:

- a) Did have a care plan in place when they were discharged from CAMHS to adult mental health services.
- b) Did not have a care plan in place when they were discharged from CAMHS to adult mental health services.

**Answer:** The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:



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of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

In order for the Trust to provide this information it would have to access patient records. We do not have a legal basis to access patient records in order to respond to a Freedom of Information Request. Therefore we are unable to provide a response.

**Question 4: Do mental health services for children and young people have a transition policy in place to support people to transfer to adult mental health services?**

Answer: Yes.

**Question 5: If you answered yes to question 4, please provide a link or a copy of the transition policy.**

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:  
*(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.*

The information requested is accessible here:  
<https://www.elft.nhs.uk/sites/default/files/2022-09/Transitions%20Policy%202.4%20%282%29.docx>

**Question 6: Please provide information about how you track compliance of the transition policy.**

Answer: The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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(a) to be informed in writing by the public authority whether it holds information  
of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.



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