**The Cambridge Behaviour Scale**

Your name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sex: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Today’s date: \_\_\_\_\_\_\_\_\_\_\_\_

**How to fill out the questionnaire**

Below is a list of statements. Please read each statement carefully and rate how strongly you agree

or disagree by circling one answer.

**IN ORDER FOR THE SCALE TO BE VALID, YOU MUST ANSWER EVERY QUESTION AS SHOWN BELOW**

*Examples*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| E1. I would be very upset if I couldn’t listen to music every day. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| E2. I prefer to speak to my friends on the phone rather than write letters to them. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| E3. I have no desire to travel to different parts of the world. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| E4. I prefer to read than to dance. | strongly agree | slightly agree | slightly disagree | strongly disagree |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 1. I can easily tell if someone else wants to enter a conversation. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 2. I prefer animals to humans. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 3. I try to keep up with the current trends and fashions. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 4. I find it difficult to explain to others things that I understand easily, when they don't understand it first time. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 5. I dream most nights. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 6. I really enjoy caring for other people. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 7. I try to solve my own problems rather than discussing them with others. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 8. I find it hard to know what to do in a social situation. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 9. I am at my best first thing in the morning. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 10. People often tell me that I went too far in driving my point home in a discussion. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 11. It doesn't bother me too much if I am late meeting a friend. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 12. Friendships and relationships are just too difficult, so I tend not to bother with them. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 13. I would never break a law, no matter how minor. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 14. I often find it difficult to judge if something is rude or polite. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 15. In a conversation, I tend to focus on my own thoughts rather than on what my listener might be thinking. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 16. I prefer practical jokes to verbal humour. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 17. I live life for today rather than the future. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 18. When I was a child, I enjoyed cutting up worms to see what would happen. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 19. I can pick up quickly if someone says one thing but means another. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 20. I tend to have very strong opinions about morality. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 21. It is hard for me to see why some things upset people so much. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 22. I find it easy to put myself in somebody else's shoes. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 23. I think that good manners are the most important thing a parent can teach their child. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 24. I like to do things on the spur of the moment. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 25. I am good at predicting how someone will feel. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 26. I am quick to spot when someone in a group is feeling awkward or uncomfortable. | | strongly agree | | slightly agree | slightly strongly disagree disagree | |
| 27. If I say something that someone else is offended by, I think that that's their problem, not mine. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 28. If anyone asked me if I liked their haircut, I would reply truthfully, even if I didn't like it. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 29. I can't always see why someone should have felt offended by a remark. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 30. People often tell me that I am very unpredictable. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 31. I enjoy being the centre of attention at any social gathering. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 32. Seeing people cry doesn't really upset me. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 33. I enjoy having discussions about politics. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 34. I am very blunt, which some people take to be rudeness, even though this is unintentional. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 35. I don’t tend to find social situations confusing. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 36. Other people tell me I am good at understanding how they are feeling and what they are thinking. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 37. When I talk to people, I tend to talk about their experiences rather than my own. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 38. It upsets me to see an animal in pain. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 39. I am able to make decisions without being influenced by people's feelings. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 40. I can't relax until I have done everything I had planned to do that day. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 41. I can easily tell if someone else is interested or bored with what I am saying. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 42. I get upset if I see people suffering on news programmes. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 43. Friends usually talk to me about their problems as they say that I am very understanding. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 44. I can sense if I am intruding, even if the other person doesn't tell me. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 45. I often start new hobbies but quickly become bored with them and move on to something else. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 46. People sometimes tell me that I have gone too far with teasing. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 47. I would be too nervous to go on a big rollercoaster. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 48. Other people often say that I am insensitive, though I don’t always see why. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 49. If I see a stranger in a group, I think that it is up to them to make an effort to join in. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 50. I usually stay emotionally detached when watching a film. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 51. I like to be very organised in day to day life and often make lists of the chores I have to do. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 52. I can tune into how someone else feels rapidly and intuitively. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 53. I don't like to take risks. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 54. I can easily work out what another person might want to talk about. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 55. I can tell if someone is masking their true emotion. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 56. Before making a decision I always weigh up the pros and cons. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 57. I don't consciously work out the rules of social situations. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 58. I am good at predicting what someone will do. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 59. I tend to get emotionally involved with a friend's problems. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |
| 60. I can usually appreciate the other person's viewpoint, even if I don't agree with it. | strongly agree | | slightly agree | | slightly disagree | strongly disagree |

Thank you for filling this questionnaire in. Please double check that you selected the appropriate answers.