



NDT COFFEE MORNING

The NDT Coffee Morning is a reflective space for parents/carers to come together online to pause, reflect and share their experiences and is hosted by CAMHS and an expert by experience.

Taking place on the last Thursday of each month, each month will explore a different theme



Online (Zoom)



Last Thursday of the month

Morning session: 10am to 11am

Fathers Session: 6pm to 7pm

Sign up here: <https://tinyurl.com/signupCM>

Professional referrals: <https://tinyurl.com/referralCM>

Zoom link to join:

<https://elft-nhs-uk.zoom.us/j/91747388365>

Meeting ID: 917 4738 8365

