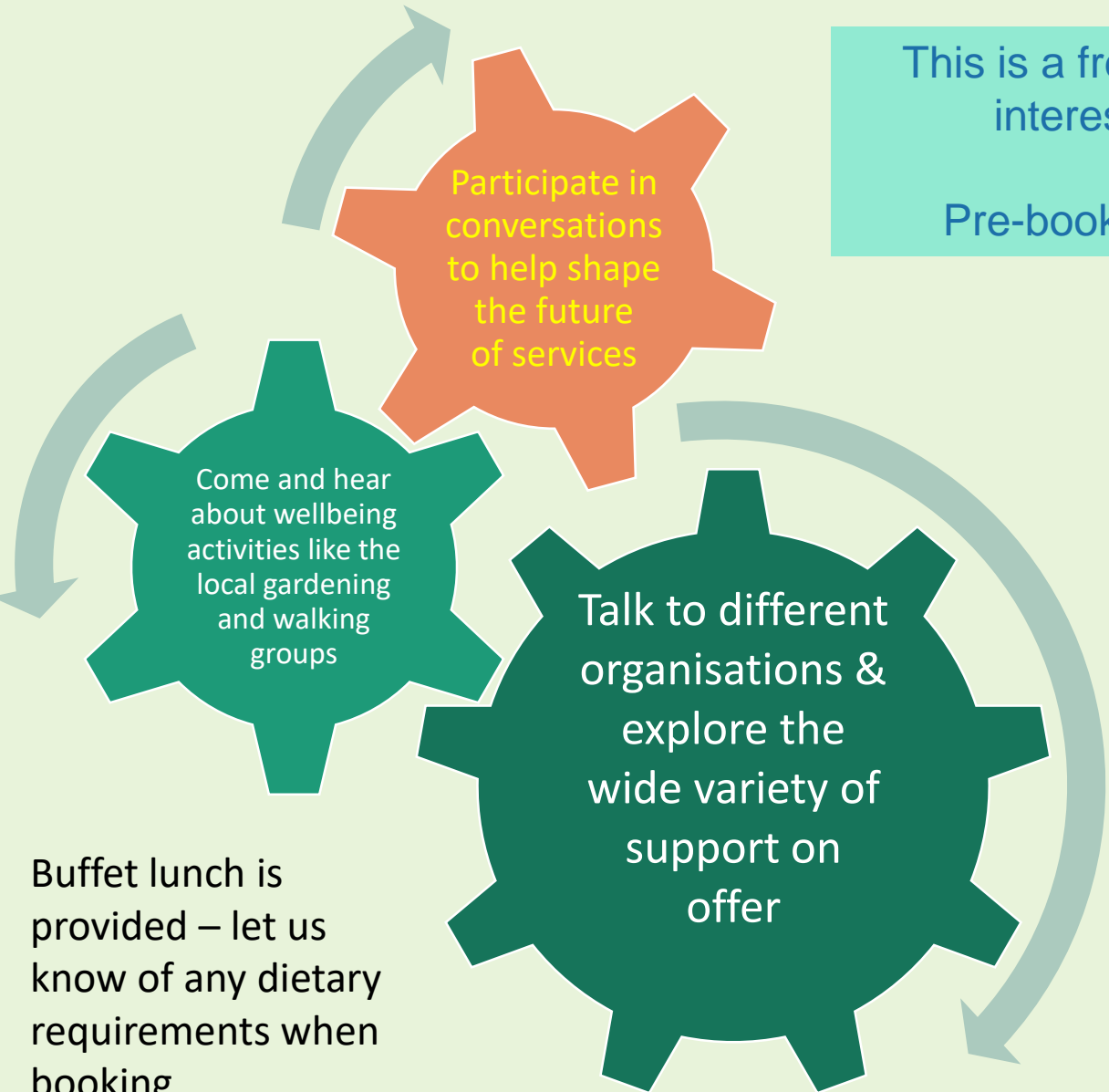




# LOOKING AFTER YOUR MENTAL HEALTH & WELLBEING IN BIGGLESWADE



This is a free event open to anyone accessing or interested in Mental Health Services in **BIGGLESWADE**.  
Pre-booking is advised to secure your place.

Mental Health Services are changing  
Join us to get involved and have your say

**Tuesday 18<sup>th</sup> July 2023**  
**10 am - 3 pm**  
**St Andrew's Church Hall**  
45 Shortmead St,  
Biggleswade  
SG18 0AT



Buffet lunch is provided – let us know of any dietary requirements when booking

To register click the link here or scan QR code

<https://www.eventbrite.co.uk/e/650263283987>

For any questions please contact Patrick or Sheila on [Patrick.moore1@nhs.net](mailto:Patrick.moore1@nhs.net) or [s.menzies@nhs.net](mailto:s.menzies@nhs.net)