

**Information Governance**

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8 August 2023

**Our reference: FOI DA4834**

I am responding to your request for information received 11 July 2023. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,



Keshia Harvey  
Senior Information Governance Manager - Compliance

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive:** Paul Calaminus  
**Chair:** Eileen Taylor

**Request:** Please would you provide me with the following information under the Freedom of Information Act 2000

**Question 1:** Whether your 'physical restraint/intervention team' is provided internally by Trust employees or by an external body?

**Answer:** The Trust's 'physical restraint/intervention team' is provided internally.

**Question 2:** The date your Trust first ceased face-to-face physical restraint teamwork training during the Covid-19 Pandemic.

**Answer:** 19 March 2020.

**Question 3:** The date your face-to-face physical restraint teamwork training recommenced.

**Answer:** May 2020.

**Question 4:** The 'to' and 'from' dates of all suspension of face-to-face physical restraint teamwork training from March 2020 to March 2022.

**Answer:** March-May 2020.

**Question 5:** During March 2020 to March 2022 and the Covid-19 pandemic how many of your physical restraint training team were required to follow Government 'Shielding' guidance?

**Answer:** The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.

**Question 6:** During March 2020 to March 2022 and the Covid-19 pandemic how many of your physical restraint training team had Protected Characteristic under the EA10.

**Answer:** The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.

**Question 7:** During March 2020 to March 2022 and the Covid-19 pandemic, what published guidance or evidence was referenced in the Trust's decision-



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**making process to return to face-to-face physical restraint training on each occasion during this period?**

**Answer:** The Trust followed Government guidelines and Trustwide Infection control guidelines. We also implemented the attached to ensure safe return to classrooms.

**Question 8: Does the Trust have data on Covid-19 infection rates amongst staff attending physical restraint training during March 2020 to March 2022 and the Covid-19 pandemic?**

**Answer:** For staff who attended breakaway training between March 2020 and March 2022, 28.93% contracted COVID during that time.

**Question 9: Did Covid-19 infection rates increase amongst staff attending physical restraint training during March 2020 to March 2022 and the Covid-19 pandemic compared to staff not attending this training?**

**Answer:** For staff who did not attend breakaway training between March 2020 and March 2022, 51.57% contracted COVID during that time.



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