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29 August 2023

## **Our reference: FOI DA4883**

I am responding to your request for information received 7 August 2023. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office Wycliffe House Water Lane Wilmslow Cheshire SK9 5AF

Tel: 0303 123 1113 Web: <u>www.ico.org.uk</u>

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.

- Request: I am writing to you under the Freedom of Information Act 2000 to request the following information from the Trust:
- Question 1: The number of child (under 18) eating disorder referrals in the Trust for each financial year since 2016/17, broken down by:
  - a. Total number.
  - b. Gender, including transgender if held.
  - c. Ethnicity white, black, Asian, mixed or multiple ethnic groups, other ethnic group.

Answer: Please see table below:

Year	Total no. of referrals	Gender	Ethnicity
2016/2017	178	157 Female 21 Male	89 White 9 Black 49 Asian 6 Mixed 15 Other 10 Unknown
2017/2018	258	221 Female 36 Male 1 Unknown	140 White 11 Black 69 Asian 9 Mixed 18 Other 11 Unknown
2018/2019	234	207 Female 27 Male	108 White 11 Black 54 Asian 14 Mixed 28 Other 19 Unknown
2019/2020	310	253 Female 57 Male	156 White 11 Black 69 Asian 13 Mixed 44 Other 17 Unknown
2020/2021	505	416 Female 88 Male 1 Unknown	266 White 29 Black 87 Asian 28 Mixed 81 Other 14 Unknown
2021/2022	527	462 Female 65 Male	306 White 28 Black 77 Asian 26 Mixed 65 Other 25 Unknown
2022/2023	493	427 Female 66 Male	279 White 16 Black 77 Asian 39 Mixed 62 Other 20 Unknown



## d. Diagnosis – anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding or eating disorder (OSFED), avoidance/restrictive food intake disorder (ARFID)

Answer: The Trust has reviewed question 1d of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled— (a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and (b) if that is the case, to have that information communicated to them.

In order for the Trust to provide information held within digital discharge summaries, it would have to manually access patient records. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request therefore we are unable to provide a response.

