

## Proposed plan to resume MAPA training

### Date 13/05/2020

In light of the current covid-19 pandemic and government guidance on social distancing, the Trust has risk assessed the impact of providing training against that of not doing so. Given that a lot of staff have joined the trust to provide support and that more staff are out of date as no training has taken place since 19<sup>th</sup> March 2020, the Trust has decided to resume training, but take measures to reduce the risk of covid-19 cross infections.

The plan will involve the following:

## A. Trainers and staff attending training:

- Reduce the numbers of participants from 14 to 8 or 10 depending on room sizes
- Wear masks and gloves during physical skills practice
- Each participant and trainer to answer a questionnaire regarding how well they are daily
- Each participant and trainer to have temperature taken daily
- Emphasise hand hygiene at start, each break start and end– Hand washing and sanitisation
- As training will be taking place in localities, staff are NOT to visit wards/clinical areas at break times and end of each day of the course.

#### B. Reassurance of staff

- Lead nurses and Lead trainers to ensure staff and trainers respectively are reassured about their safety through:
  - Explaining measures put in place to reduce the risk of cross infection as in (A) above

- Addressing any questions and concerns staff and trainers may have
- Make decisions on how to proceed based on what the concerns are and individual circumstances.

#### C. Trainers:

#### Trainers are:

- To work out how to reduce the amount of physical contact, without compromising the teaching/learning of skills
- Repeatedly check with staff verbally that they are okay- (not in distress/pain) as the facial expression observation will be limited due to masks

## **D. Training location Equipment:**

- To provide training within localities to reduce the mixing of staff from varied areas hence lessening the risk of cross infection
- To work with course participants to sanitise training mats, surfaces and chairs at the end or beginning of each training day
- Training mats are available at JHC for London that can be used across London localities
- Training dept. will work with trainers and lead nurses to book suitable rooms
- Trainers will ensure that training equipment is availability for use in localities
- Lead trainers to order required and adequate amounts of PPE
- Lead trainers to order "gun" type (infrared) thermometers

# E. Initial scheduling plan

- London Lead nurses have been emailed to outline their responsibilities regarding identifying and preparing staff as well as room identifications
- A 2 day refresher will be run at JHC on 28<sup>th</sup> and 29<sup>th</sup> May 2020 as a tester—to learn what may require adjusting if any.
- 5 Day courses will run from 1 June 2020

## F. Going forward with MAPA training,

From the meeting discussions, it seems Breakaway training and 3 & 5 day holding courses will in the near future be run in 2 parts:

**Part 1**- Online Blended Learning to cover all theoretical elements of the course- Units 1 to 7 and 10. It runs as follows:

- Trainers to allocate places (seats)to staff that have booked or identified by the trainers
- Progress of work monitored by the trainers
- Once fully completed, the trainers will provide training dept. with list of those eligible for part 2

## Part 2- Physical skills practice

## **Breakaway**

Staff who have completed part 1 will:

- Book/ be allocated half (½) day training slots/ class to practice physical skills (unit 8) by the training dept.
- Be issued with a Job Aid by the trainers when they attend- a document which is included in the price of the online blended learning
- Once completed successfully, a blue card from the Job Aid will be issued and Training dept. notified for OLM updating (register sent).

# 3 Day MHCOP course

Staff who have completed part 1 will:

- Book/ be allocated 2 day training slots/ class to practice physical skills (units 8 and 9)
- Be issued with a Job Aid by the trainers when they attend- a document which is included in the price of the online blended learning
- Once completed successfully, a blue card from the Job Aid will be issued and Training dept. notified for OLM updating (register sent).
  5 Day course

## Staff who have completed part 1 will:

- Book/ be allocated 4 day training slots/ class to practice physical skills (units 8 and 9)
- Be issued with a Job Aid by the trainers when they attend- a document which is included in the price of the online blended learning
- Once completed successfully, a blue card from the Job Aid will be issued and Training dept. notified for OLM updating (register sent).

2 day acute and 1 day MHCOP refreshers will remain structured as they are. (Not cost effective if 2 parts training is applied)