

**Information Governance**

Robert Dolan House  
9 Alie Street  
London  
E1 8DE

**Email** [elft.foi@nhs.net](mailto:elft.foi@nhs.net)

**Website:** <https://www.elft.nhs.uk>

19 October 2023

**Our reference: FOI DA4964**

I am responding to your request for information received 20 September 2023. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

**Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention**



We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Interim Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** This request relates to outpatient/community patients discharged by your trust who were being treated for an eating disorder (primary or secondary eating disorder diagnosis; please include all eating disorders, i.e., ICD10 code F50: Eating Disorders).

**Question 1:** Please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your trust in each of the following years:  
a) 2018,  
b) 2019,  
c) 2020,  
d) 2021,  
e) 2022  
f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).

**Answer:** Please see table below:

Year	Total number of patients discharged
2018	427
2019	571
2020	566
2021	745
2022	577
Total 2018-2022	2,886

**Question 2:** Of those, please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your trust with a BMI below 15 in each of the following years:  
a) 2018,  
b) 2019,  
c) 2020,  
d) 2021,  
e) 2022  
f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).

**Answer:** The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested. The Trust is therefore unable to provide a response.

**Question 3:** Of the TOTAL discharged with a BMI below 15 between 1 Jan 2018 and 31 Dec 2022 (i.e., the total you provided in answer to question 2F), please state:

The number of patients that were discharged from:

- a specialist community/outpatient eating disorder service if you have one,
- general community/outpatient care.



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Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested. The Trust is therefore unable to provide a response.

**Question 4: Of the TOTAL discharged with a BMI below 15 between 1 Jan 2018 and 31 Dec 2022 (i.e., the total you provided in answer to question 2F), please state:**

**The number of patients that were**  
**a) aged 18 and above, and**  
**b) aged below 18.**

Answer: The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested. The Trust is therefore unable to provide a response.

**Question 5: Of the TOTAL discharged with a BMI below 15 between 1 Jan 2018 and 31 Dec 2022 (i.e., the total you provided in answer to question 2F), please state:  
The number of patients who had a BMI of**

**a) 14-14.99,**  
**b) 13-13.99,**  
**c) 12-12.99 and**  
**d) <12**

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested. The Trust is therefore unable to provide a response.

**Question 6: Of the TOTAL discharged with a BMI below 15 between 1 Jan 2018 and 31 Dec 2022 (i.e., the total you provided in answer to question 2F), please state:  
The exact BMI of the patient discharged with the lowest BMI.**



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**Chair:** Eileen Taylor

Answer: The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested. The Trust is therefore unable to provide a response.

**Question 7: Of the TOTAL discharged with a BMI below 15 between 1 Jan 2018 and 31 Dec 2022 (i.e., the total you provided in answer to question 2F), please state:  
a) Please provide a breakdown of where patients were discharged to - i.e., inpatient setting / another NHS Trust / palliative care / no onwards care organised by the trust etc.**

**(If data is not recorded or retrievable in this format, please provide any information you have available concerning which NHS or non-NHS treatment/service these patients were discharged to)**

Answer: The Trust has reviewed question 7 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested. The Trust is therefore unable to provide a response.

**Question 8: Please provide any internal Trust documents relating to the treatment of patients with a 'Longstanding Eating disorder' or 'Severe and Enduring Eating disorder' or 'Severe and Enduring Anorexia Nervosa' (otherwise known as 'L-ED' / 'SEED' / SE-AN) in inpatient and outpatients settings.**

***Clarification: relates to documents such as guidance, policies, pathways, procedures etc. I am not asking for any documentation relating to individual patients, or staff emails etc, as I am aware they would have to be heavily redacted, exceeding the time constraints of the FOIA. Please note, only provide an answer to question 4 if doing so is possible within the time limits – please prioritise retrieving answers to q 1-3.***

Answer: Please see attached Appendix 1, Appendix 2 and Appendix 3.



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