

**Information Governance**

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29 November 2023

**Our reference: FOI DA5047**

I am responding to your request for information received 7 November 2023. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Interim Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:**

**Question 1: Please provide numbers and details of incident reports on psychiatric inpatient wards (of any type) where a tampon, period pad, continence pants/pullups and/or menstrual cups or other period products were involved, used or are listed in the incident information.**

**Please include redacted details where possible.**

**Methods may relate to swallowing item, using to create ligature or using to block bath/basin, using to block door, using to hide other items etc.**

**Please provide these details to the present day from 01/01/2020.**

**Answer:** Please see table below:

<b>Incident date</b>	<b>Type</b>	<b>Category</b>	<b>Sub-category</b>	<b>Description</b>
20/02/2020	Care & Treatment	Self-Harm	Suspected / Attempted / Other Self Harm	Staff went to service user's room and she was attempting to swallow a tampon.
05/12/2022	Violence & Aggression	Damage to property	Damage to Trust property	The toilet was blocked by several used tampons and sanitary pads - which it appears were taken from the sanitary bin were removed.
30/04/2023	Care & Treatment	Suspected suicide attempt	Strangulation	Service user had used a couple of tampons strings tied together as a ligature around her neck.
13/06/2023	Care & Treatment	Self-Harm	Suspected / Attempted / Other Self Harm	Staff witness the service user choking on something. They gave her back slaps after which the service user coughed out a tampon.
20/07/2023	Care & Treatment	Self-Harm	Suspected / Attempted / Other Self Harm	Service user was trying to swallow a tampon
11/10/2023	Care & Treatment	Self-Harm	Strangulation	Service user changed her panty liners and tampon in the bathroom. Then found trying to tie a ligature
30/10/2023	Care & Treatment	Self-Harm	Suspected / Attempted / Other Self Harm	Service user very disordered on the ward. Service user reported thoughts of swallowing a tampon.

**Question 2: There may be other incident reports relating to period products, please provide these.**

**Please provide these details to the present day from 01/01/2020.**

**Answer:** Not applicable.



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