

Information for Adults with Learning Disabilities

Patient Information

EEG

> An EEG is a test that records your brain waves

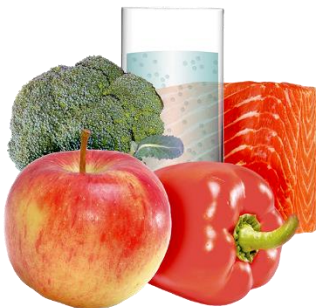
EEG is the name commonly used for electroencephalography. EEG is an important test for diagnosing epilepsy because it records the electrical activity of the brain.

It is safe and painless.

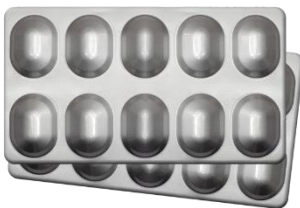
At home



- Wash your hair



- Eat some food.



- Take your normal medications.
- Bring a list of medications with you

At the hospital



- You will sit in a comfy chair and relax.
- You will not feel anything from the EEG.

- Wires will be put on your head with a paste.

- We will ask you to open and close your eyes.



- You may do some deep breathing



- You may look at a flashing light.



- The test will take one hour.
- When the test is finished you can go home
- Your results will go to your doctor

More information

If you have any questions call us.

For any advice with hospital appointments please call:

Luton and Dunstable Hospital LD liaison team – 01582718271

Bedford Hospital LD liaison Team – 0776813244 or 07833294335

If your symptoms or condition worsens, or if you are concerned about anything, please call your GP, 111, or 999.