

Tower Hamlets Virtual Frailty Ward

✉ Referrals: bartshealth.thfrailtyvw@nhs.net

☎ Referrals: 07729046924 Office: 02035942997

Aim of the Frailty Virtual Ward

To provide safe care in the patient's own home, avoid admission into the acute hospitals or facilitate earlier timely discharges for frail patients where ongoing management can be provided with clinical and care support in their place of residence.

Who We See

Tower Hamlets registered patients over 65 years old living with frailty (typically Rockwood Clinical Frailty Score ≥ 5)

Focussed (but not solely) on patients with a history of frailty syndromes including:

Falls
Decreased Mobility
Delirium
Continence Issues
Polypharmacy

Referrals

Referrals are received via email to bartshealth.THfrailtyVW@nhs.net or telephone **07729046924** and screened between the hours of 9am – 5pm, 7 days per week.

Operating Hours

The service operates 9am to 5pm, 7 days per week.

The Team

The Tower Hamlets Frailty Virtual Ward Team is multi-disciplinary and, includes consultant geriatricians, GPs, specialist nurses, occupational therapists and physiotherapists

What We Do

We provide a geriatrician-led service to monitor and review/optimize frail patients in their own homes. Using the framework of a comprehensive geriatric assessment, the team works to:

- Create an individualized plan of care for the patient.
- Minimize the risks associated with hospital admission for frail patients by facilitating timely discharge or avoiding unnecessary admission to hospital
- Identify priorities in patient care via an MDT approach.
- Support patients, families & carers
- Organize appropriate community support.
- Reduce the length of hospital stays.
- Patients are typically supported by the Frailty Virtual Ward for upto 10-14 days

