

Central  
Bedfordshire

**great**  
lifestyles

# Wellbeing Games

at The Dunstable Centre  
Friday 26th July 2024 • 10am-5pm

**A fun filled day of free activities!\***

- Activity taster sessions, inclusive for all
- Health and wellbeing stalls
- Health and wellbeing assessments
- Activities for children
- Swimming
- Lunch and refreshments

\*To access the free activities, customers must register for, or already be in the possession of a free Everyone Active card.

**A FUN-FILLED DAY OUT FOR EVERYONE**

**The Dunstable Centre**

Everyone Active manages this facility in partnership  
with Central Bedfordshire Council.

**NHS**  
East London  
NHS Foundation Trust

everyone  
ACTIVE