

**Information Governance**

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28 February 2024

**Our reference: FOI DA5132**

I am responding to your request for information received 3 January 2024. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Interim Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** Please provide the following information in full for the years 2019, 2020, 2021, 2022, 2023.  
(Please note that I use the term 'borderline personality disorder' but would also like stats for 'emotionally unstable personality disorder' if that is the diagnostic term that your trust uses.)

**Question 1:** Please provide your trust policy for borderline personality disorder diagnosis and treatment.

**Answer:** We do not have a Trust wide policy, however, please see attached local policy in Appendix 2.

**Question 2:** How much funding is received for the care of borderline personality disorder and how is this money spent?

**Answer:** The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust receives general funding for community/crisis and inpatient teams and not specifically for borderline personality disorder as requested. The Trust is therefore unable to provide a response.

**Question 3:** How many adult patients are there within the trust with a diagnosis of borderline personality disorder?

**Answer:** Please see table below:

Year	Number of patients with a Borderline Personality Disorder diagnosis
2019	1703
2020	1805
2021	2108
2022	2120
2023	2183

**Question 4:** What specialist treatments or therapeutic interventions do the trust facilitate for all patients diagnosed with borderline personality disorder?

**Answer:** The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:  
(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.

The information requested is accessible here:



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## Question 5

<https://www.elft.nhs.uk/sites/default/files/2023-07/ANON%20Response%20%20-%20FOI%20DA4771.pdf>

### **Question 5: How much does it cost the trust per year to provide medication to adults diagnosed with borderline personality disorder?**

**Answer:** The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

*(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.*

In order for the Trust to provide information held it would have to access patient records. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information Request therefore we are unable to provide a response.

### **Question 6: How many patients/service users with borderline personality disorder require in-patient care?**

**Answer:** Please see table below:

<b>Year</b>	<b>Number of patients admitted with borderline personality disorder</b>
2019	458
2020	426
2021	460
2022	389
2023	305

### **Question 7: How much does it cost the trust to facilitate this in-patient care?**

**Answer:** The Trust has reviewed question 7 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested as borderline personality disorder patients can be placed on general mental health wards and as such, we are unable to provide definitive funding figures. The Trust is therefore unable to provide a response.

### **Question 8: Does the trust provide dialectical behaviour therapy? If so, please provide the numbers of patients/service users who have used this service. If not, is there a plan to implement this treatment?**

**Answer:** Yes. Please see table below:



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Year	Number of patients treated
2019	48
2020	418
2021	645
2022	446
2023	569

**Question 9: How many suicides of patients with borderline personality disorder have there been each year?**

Answer: The Trust has reviewed question 9 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

In order for the Trust to provide information held it would have to access patient records. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information Request therefore we are unable to provide a response.

**Question 10: How many complaints have been lodged in relation to borderline personality disorder treatment?**

Answer: Between 2019-2023 – a total of 22 complaints were received from patients who were involved with the Personality Disorder Service.



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