



**East London**  
NHS Foundation Trust  
**Information Governance**  
Robert Dolan House  
9 Alie Street  
London  
E1 8DE

**Email** [elft.foi@nhs.net](mailto:elft.foi@nhs.net)  
**Website:** <https://www.elft.nhs.uk>

8 May 2024

**Our reference: FOI DA5342**

I am responding to your request for information received 18 April 2024 and clarified on 22 April. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Interim Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** I am seeking information regarding ADHD (Attention Deficit Hyperactivity Disorder) referrals and rejections within your NHS trust for the period between January 1, 2021 and December 31, 2024.

**Clarification:** I am requesting information for both adults and children.

**Question 1:** The total number of patients who were referred for an ADHD assessment within this timeframe, broken down year by year.

**Answer:** Please see table below:

Year	Number of adult individuals referred to East London NHS Foundation Trust for assessment
2021	578
2022	278
2023	1476
01/01/2024 - 31/03/2024	1092

East London NHS Foundation Trust's children's service does not have dedicated ADHD teams and as such the information requested is not recorded. Therefore, the Trust is unable to provide a response.

**Question 2:** The total number of patients whose referrals for ADHD assessment were rejected within this timeframe, broken down year by year.

**Answer:** Please see table below:

Year	Number of adult individuals who had rejected referrals from East London NHS Foundation Trust
2021	9
2022	23
2023	27
01/01/2024 - 31/03/2024	2

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**Question 3:** A breakdown of the data requested in points 1 (ADHD Referrals received) and 2 (ADHD Referrals rejected) above by:

**a) Gender (male, female, other)**

**Answer:** Please see table below:

Year	Number of adult individuals referred to East London NHS Foundation Trust for assessment			Number of adult individuals who had rejected referrals from East London NHS Foundation Trust	
	Female	Male	Not Known	Female	Male
2021	706	579	2	6	3
2022	1807	1206	4	15	8



Year	Number of adult individuals referred to East London NHS Foundation Trust for assessment			Number of adult individuals who had rejected referrals from East London NHS Foundation Trust	
	Female	Male	Not Known	Female	Male
2023	2982	1936	6	11	16
01/01/2024 - 31/03/2024	658	433	1	1	1

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**b) Ethnicity (please provide the breakdown according to the ethnic categories used by the NHS, such as White, Black, Asian, Mixed, Other)**

Answer: Please see tables below:

ADHD referrals received broken down by ethnicity	Year			
	2021	2022	2023	01/01/2024-31/03/2024
Asian or Asian British - Any other background	22	36	65	27
Asian or Asian British - Bangladeshi	24	61	131	44
Asian or Asian British - Indian	17	28	46	11
Asian or Asian British - Pakistani	5	43	46	11
Black or Black British - African	21	49	52	11
Black or Black British - Any other background	24	46	71	15
Black or Black British - Caribbean	17	34	49	13
Mixed - Any other mixed background	32	54	84	15
Mixed - White & Asian	4	15	12	1
Mixed - White & Black African	4	12	14	4
Mixed - White & Black Caribbean	19	35	54	11
Not Known	160	569	1272	250
Not Stated (Not Requested)	131	512	640	165
Any Other Ethnic Groups	310	529	946	230
Other Ethnic Groups - Chinese	5	9	10	4
White - Any other background	103	196	281	61
White - British	376	777	1126	214
White -Irish	13	12	25	5



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ADHD referrals rejected broken down by ethnicity	Year			
	2021	2022	2023	01/01/2024-31/03/2024
Asian or Asian British - Bangladeshi	0	0	4	0
Asian or Asian British - Indian	1	0	0	0
Black or Black British - African	0	1	0	0
Black or Black British - Any other background	0	1	1	0
Mixed - Any other mixed background	1	3	0	0
Mixed - White & Asian	0	1	0	0
Not Known	1	5	3	1
Not Stated (Not Requested)	1	2	2	0
Other Ethnic Groups - Any other Ethnic Group	3	5	8	1
Other Ethnic Groups - Chinese	0	1	1	0
White - Any other background	2	2	1	0
White - British	0	2	6	0
White - Irish	0	0	1	0

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