

Information Governance

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24th May 2024

Our reference: FOI DA5359

I am responding to your request for information received 26 April 2024. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: Do you have a Trust-wide obesity and weight management strategy? If so, how is this implemented (for example, through delivery of Tier 3 obesity services of the NHS Tiered Care Weight Management Pathway)?

Answer: The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust is primarily a Mental Health and Community Health Trust and as such does not provide weight management services as described in this request. We are therefore unable to provide a response.

Question 2: Details of staff training to deliver these strategies.

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust is primarily a Mental Health and Community Health Trust and as such does not provide weight management services as described in this request. We are therefore unable to provide a response.

Question 3: Details of any current training for clinical staff in the area of weight discrimination, weight stigma, weight bias and/or obesity awareness.

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.

The information requested is accessible here:

<https://bebodypositive.org.uk/about-us/>

Question 4: The number of complaints made to the Trust where weight discrimination, bias or stigma was mentioned in the period 1st January 2014 to 31st December 2023.

Answer: The Trust had 0 complaints about weight discrimination in the period 1st January 2014 to 31st December 2023.



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Question 5: Any planned or current actions in response to the Health and Social Care Committee report on 'The Impact of Body Image of Mental and Physical Health'.

Answer: The Impact of Body Image on Mental and Physical Health' was a House of Commons Committee report. That report made recommendations to government for consideration, rather than recommendations to NHS Trusts for action in response to it. The work we undertake in relation to Body Image in our services is therefore not specifically arising from actions mapped against this report.



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