



East London

**NHS Foundation Trust
Information Governance**

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Website: <https://www.elft.nhs.uk>

19 July 2024

Our reference: FOI DA5469

I am responding to your request for information received 2 July 2024. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: Please can you confirm if any of the below services are offered in languages other than English, or if an interpreter is available?

| | |
|---|---|
| Tower Hamlets ADHD Service | https://www.elft.nhs.uk/services/tower-hamlets-adhd-service |
| Adult Autism Service (City & Hackney) | https://www.elft.nhs.uk/services/adult-autism-service-city-hackney |
| Adult Autism Service (Tower Hamlets) | https://www.elft.nhs.uk/services/adult-autism-service-tower-hamlets |
| Diagnostic Memory Clinic (DMC) - City and Hackney | https://www.elft.nhs.uk/services/diagnostic-memory-clinic-dmc-city-and-hackney |
| Perinatal Service (City & Hackney) | https://www.elft.nhs.uk/services/perinatal-service-city-hackney |
| Psychotherapy Department (City & Hackney) | https://www.elft.nhs.uk/services/psychotherapy-department-city-hackney |
| Diagnostic Memory Clinic (Newham) | https://www.elft.nhs.uk/services/diagnostic-memory-clinic-newham |

Answer: The Trust outsources its interpretation requirements to The Newham Language Shop who provide interpreters across services on an as and when required basis.

Question 2: Please can you confirm the current waiting time for the services listed below? E.g. if referred today, how long would I have to wait for a first appointment and follow up?

| | |
|---|---|
| Tower Hamlets ADHD Service | https://www.elft.nhs.uk/services/tower-hamlets-adhd-service |
| Adult Autism Service (City & Hackney) | https://www.elft.nhs.uk/services/adult-autism-service-city-hackney |
| Adult Autism Service (Tower Hamlets) | https://www.elft.nhs.uk/services/adult-autism-service-tower-hamlets |
| Diagnostic Memory Clinic (DMC) - City and Hackney | https://www.elft.nhs.uk/services/diagnostic-memory-clinic-dmc-city-and-hackney |
| Perinatal Service (City & Hackney) | https://www.elft.nhs.uk/services/perinatal-service-city-hackney |
| Psychotherapy Department (City & Hackney) | https://www.elft.nhs.uk/services/psychotherapy-department-city-hackney |
| Diagnostic Memory Clinic (Newham) | https://www.elft.nhs.uk/services/diagnostic-memory-clinic-newham |

Answer: Please see table below:

| Team referred to | Average waiting time (days) |
|--|-----------------------------|
| Tower Hamlets ADHD Team | 299 |
| City & Hackney Autism Team | 210 |
| Tower Hamlets Autism Service | 107 |
| City & Hackney Dementia Service Diagnostic | 33 |



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| | |
|--|-----|
| City & Hackney Perinatal | 24 |
| City & Hackney SPS Cognitive / SPE Psychotherapy | 140 |
| Newham MHCOP Memory Service DAS | 52 |

Question 3: Please confirm if the services below offer appointments in person, online, or both?

| | |
|---|---|
| Tower Hamlets ADHD Service | https://www.elft.nhs.uk/services/tower-hamlets-adhd-service |
| Adult Autism Service (City & Hackney) | https://www.elft.nhs.uk/services/adult-autism-service-city-hackney |
| Adult Autism Service (Tower Hamlets) | https://www.elft.nhs.uk/services/adult-autism-service-tower-hamlets |
| Diagnostic Memory Clinic (DMC) - City and Hackney | https://www.elft.nhs.uk/services/diagnostic-memory-clinic-dmc-city-and-hackney |
| Perinatal Service (City & Hackney) | https://www.elft.nhs.uk/services/perinatal-service-city-hackney |
| Psychotherapy Department (City & Hackney) | https://www.elft.nhs.uk/services/psychotherapy-department-city-hackney |
| Diagnostic Memory Clinic (Newham) | https://www.elft.nhs.uk/services/diagnostic-memory-clinic-newham |

Answer: The service is offered both in person and online.

Question 4: Please can you confirm the conditions treated in the following service:

| | |
|---|---|
| Psychotherapy Department (City & Hackney) | https://www.elft.nhs.uk/services/psychotherapy-department-city-hackney |
|---|---|

Answer: Please note it is important to consider that the service focuses on the individual issues rather than specific diagnoses. Nevertheless, conditions that are treated at the psychotherapy department are as follows:

- Depression.
- Anxiety disorders.
- Bipolar disorder – (when not experiencing a manic or hypomanic episode).
- Post-Traumatic Stress Disorder (PTSD).
- Substance use disorders.
- Personality disorders.
- Schizophrenia and other psychotic disorders (when not actively psychotic).
- Adjustment disorders.
- Relationship and family issues.
- Dissociative conditions.



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