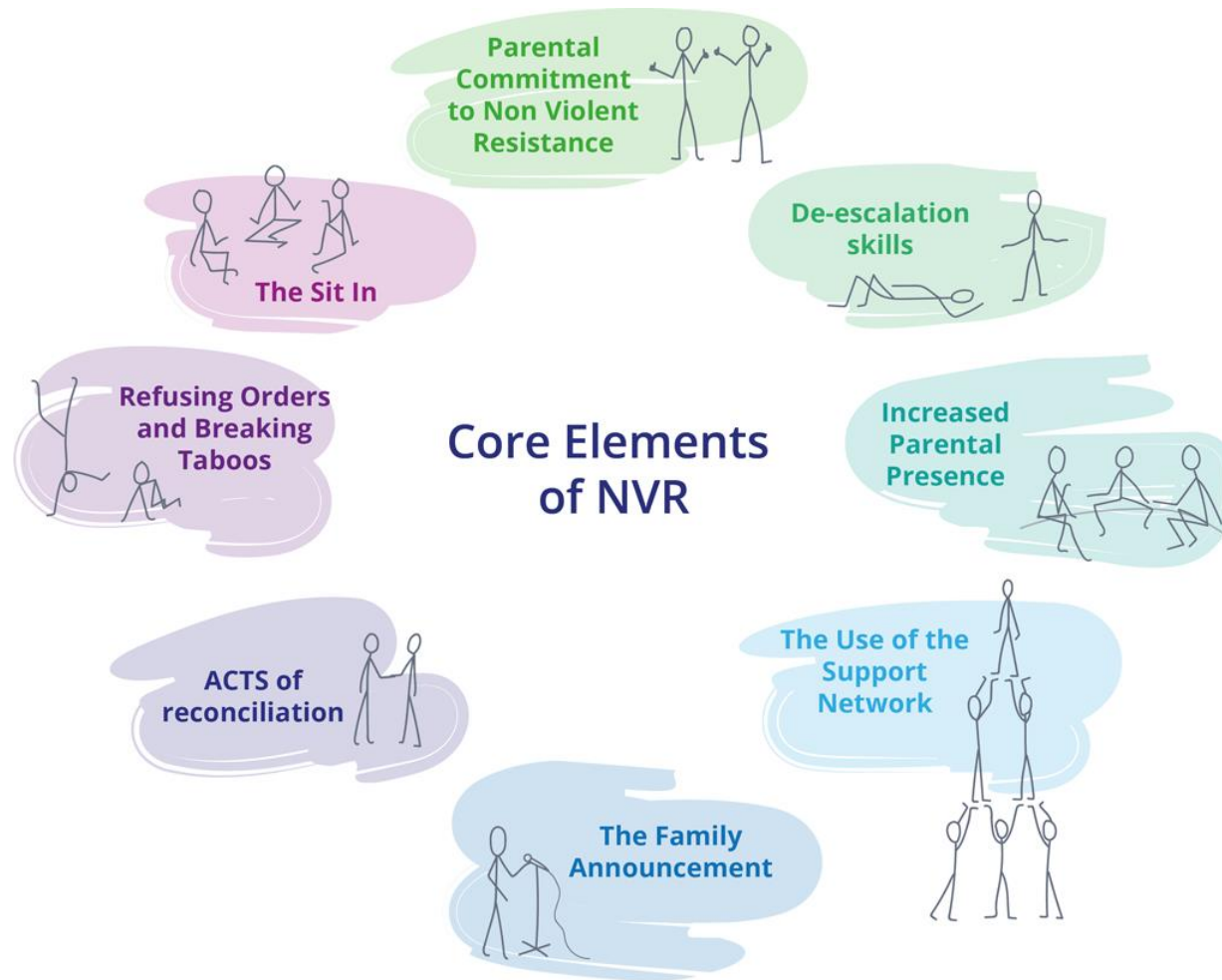
A close-up photograph of several people's hands clasped together in a circle, symbolizing unity and support. The hands are of various skin tones, and the background is blurred. A semi-transparent white circle is overlaid on the left side of the image.

Non-Violence Resistance group

**CAMHS – Homerton
Row**

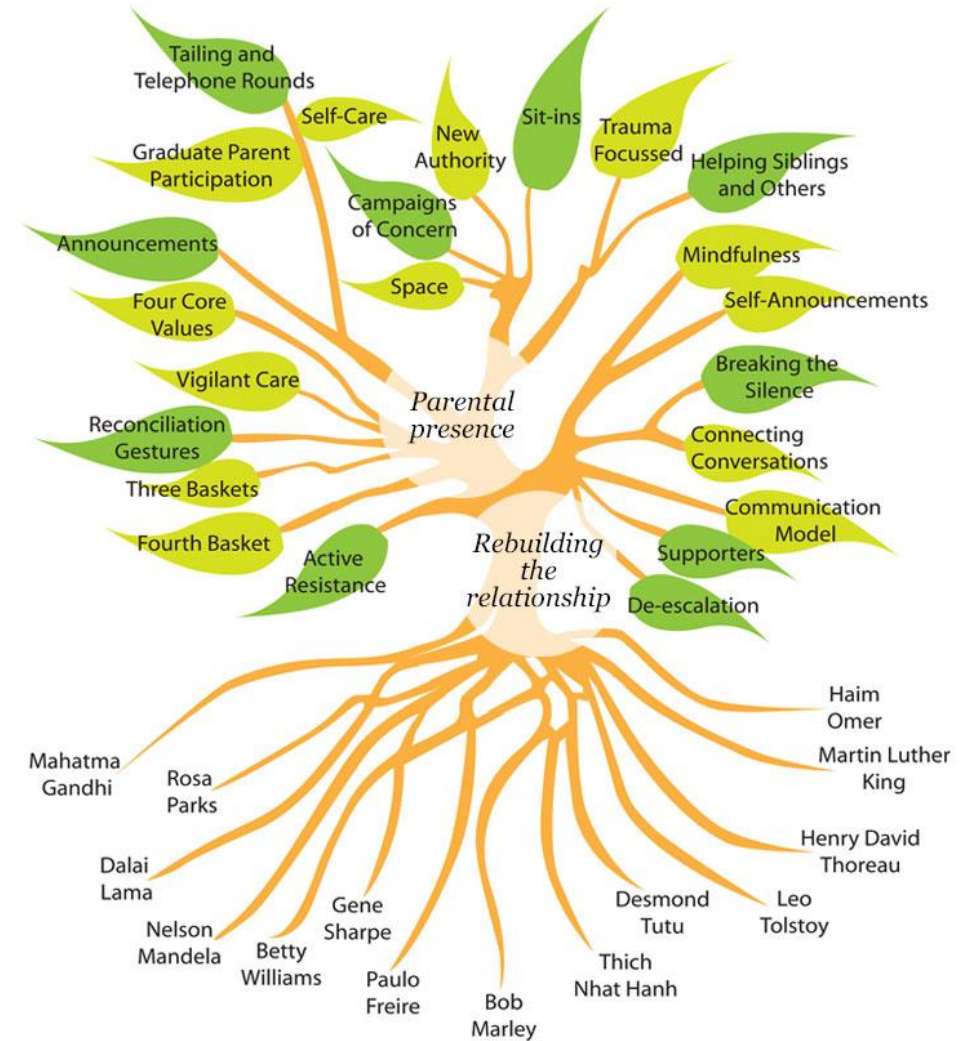
Beginning of NVR



NVR stands for Non-Violent Resistance, it's an approach with its roots in the civil rights movement which has been developed to address children's violent or self-destructive behaviours.

NVR TREE

The roots represent the founders, activists and leaders in NVR movements; the leaves and trunk outline the approaches, principles and methods that underpin the Non-Violent Resistance Parenting Approach.



<https://nonviolentresistance.org.uk/#:~:text=NVR%20stands%20for%20Non%20Violent,%2C%20aggression%20or%20self%2Ddestruction.>

What you will learn and what to expect from NVR

- Become a positive, authoritative presence in your child's life
- Improve your relationship with your child
- De-escalate difficult situations
- Take a firm stance against challenging behaviours
- Develop a robust network of supporters
- Group work with other parents and caregivers

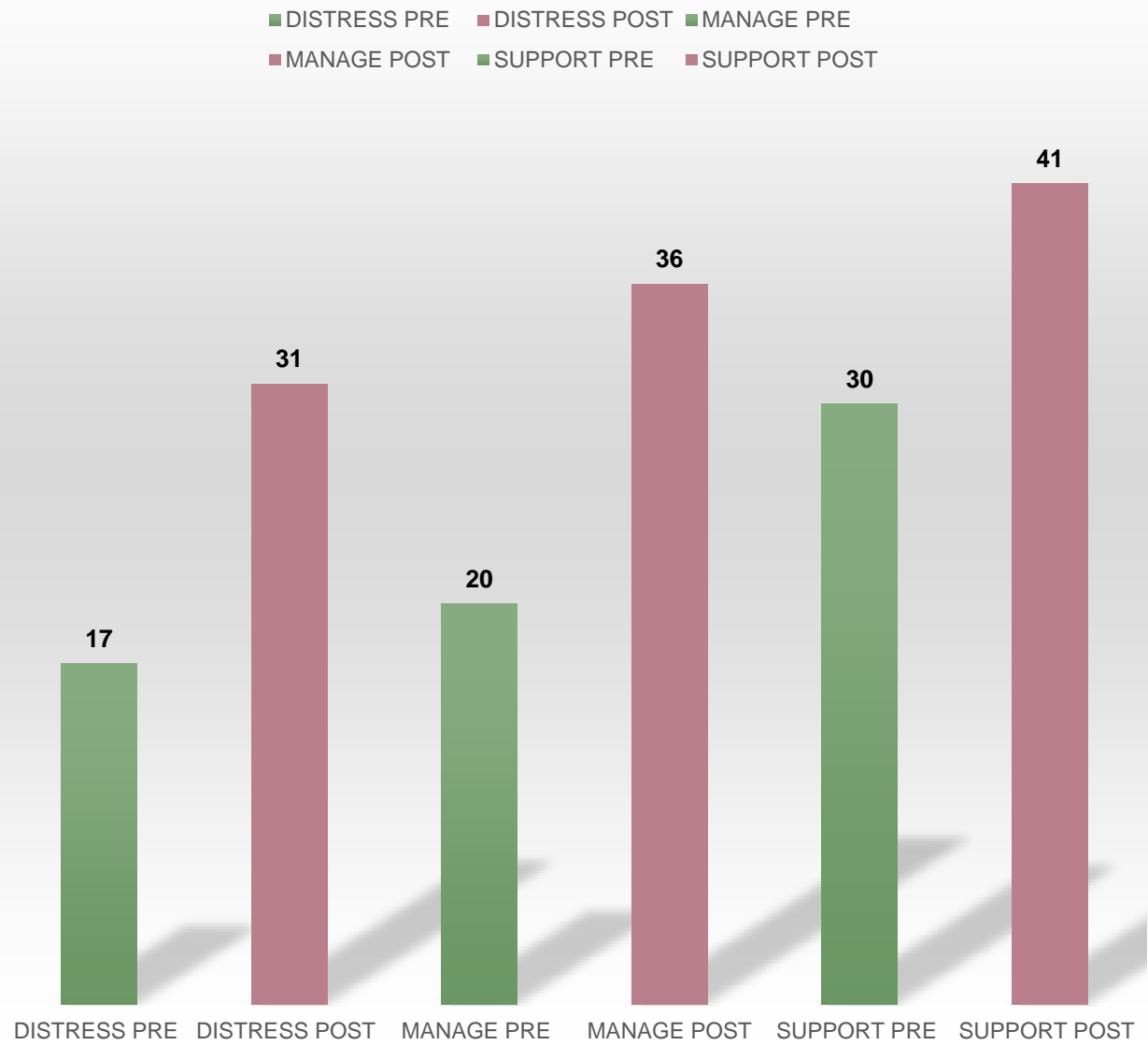
How NVR effectiveness is measured

- We measure pre and post outcomes using questionnaires to dictate credibly how effective NVR has been to parents and it influencing their lives positively.
- By doing this, we are able to monitor the exponential growth and highlight areas via the qualitative feedback given where improvement needs to be made.
- **The following slides** show NVR over the last few years and the difference NVR has made to people

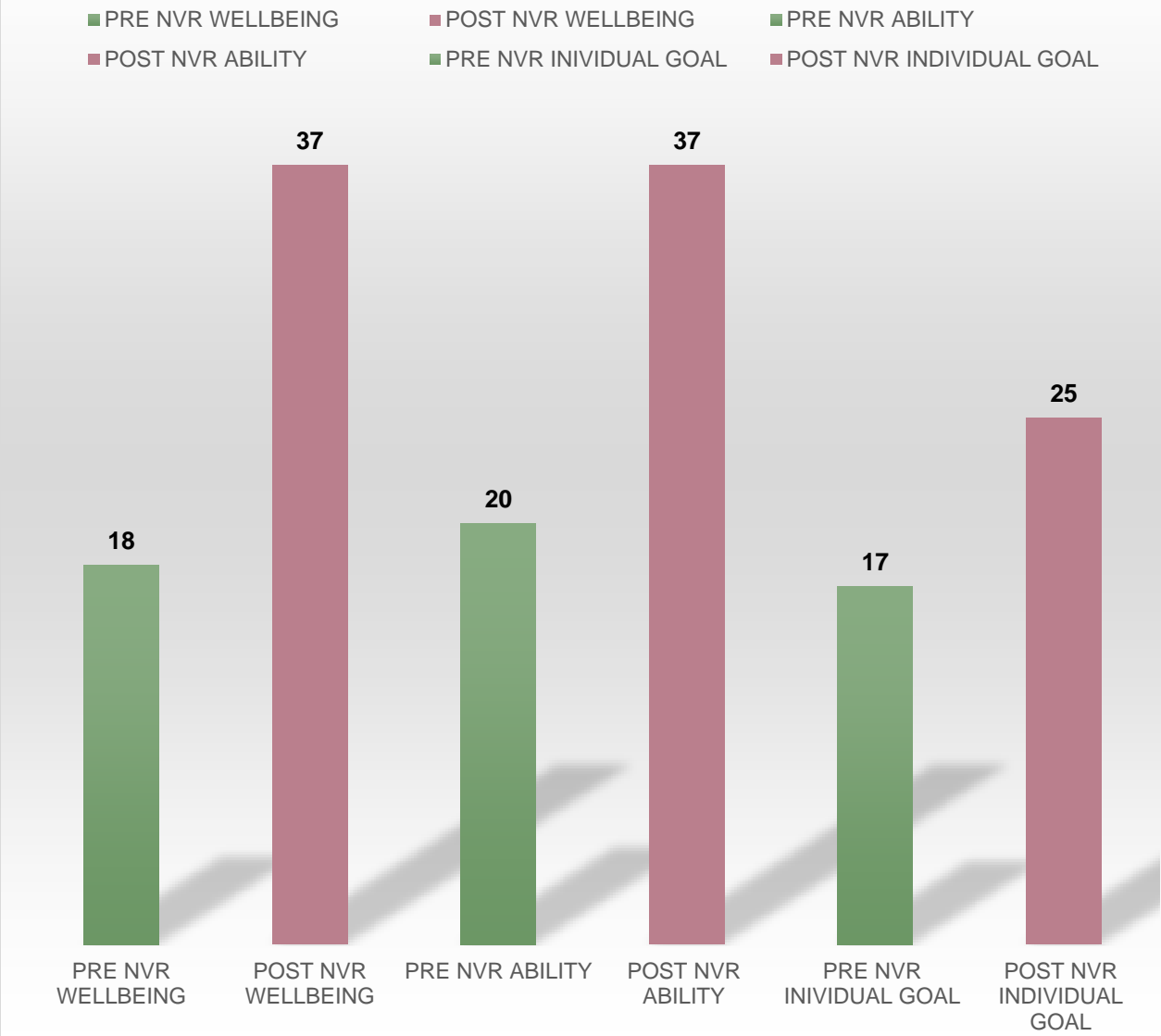


NVR AUTUMN 2022 DATA

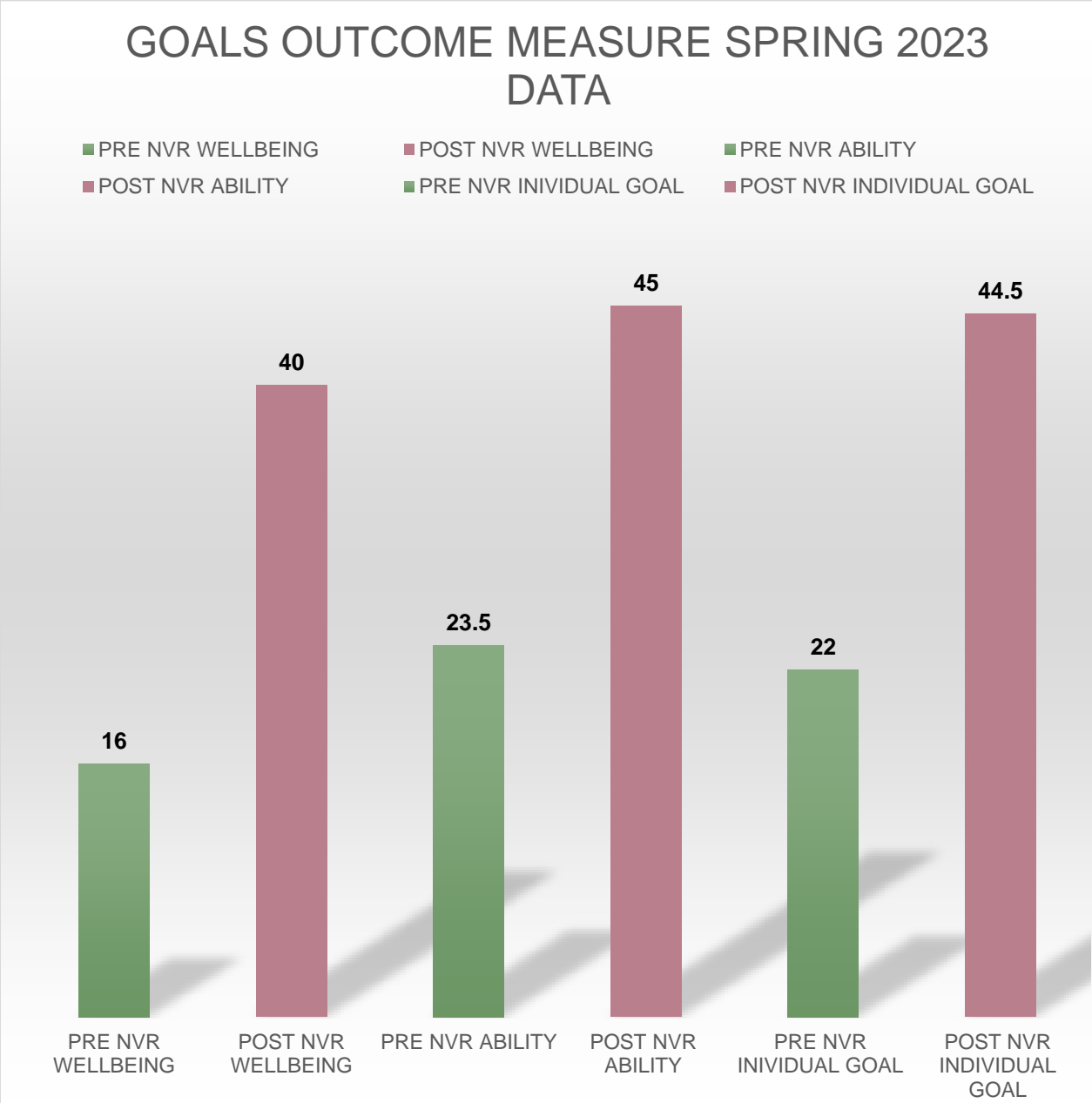
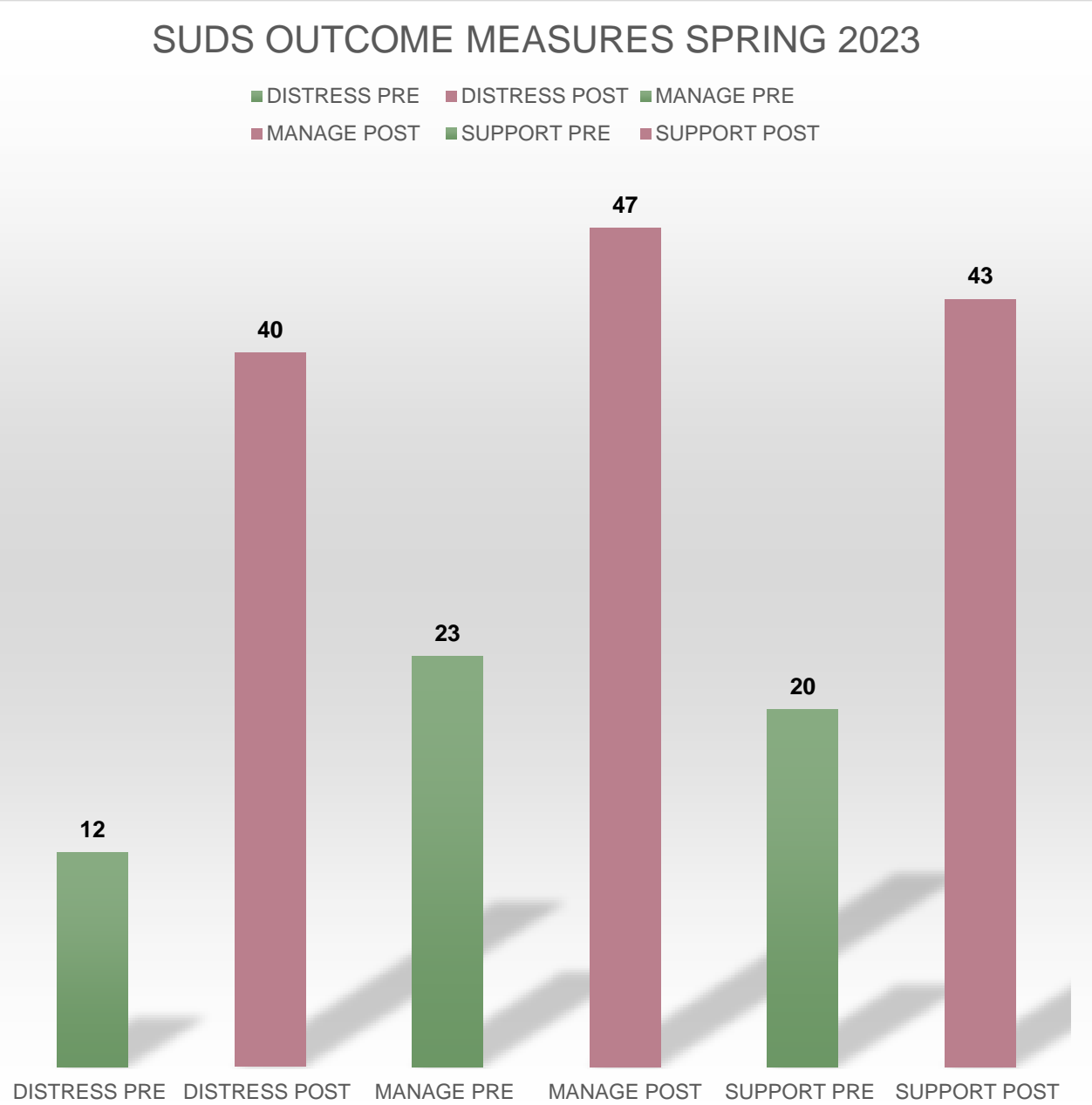
SUDS OUTCOME MEASURES AUTUMN 2022




GOALS OUTCOME MEASURES AUTUMN 2022



NVR SPRING 2023 DATA





NVR has been a very positive impact on our lives, I feel less helpless and less overwhelmed.

Validating that I am not alone.

At first, we were not sure about NVR.. Thanks to the NVR angels that showed us the way we no longer shout and smile a lot more.

Don't despair. Things will get better.

This group empowers you with lots of very realistic tools for your child! It takes away feeling that you are the only one going through with such a difficult situation. Something to look forward to each week.

'I have learned a lot of methods to deal with my son's behaviour and my own'