

Additional Information for First-Aid Boxes

Although there is no specified review timetable many items, particularly sterile ones, are marked with expiry dates. These should be replaced by the dates given and expired items disposed of safely. In cases where sterile items have no dates, it would be advisable to check with the manufacturers to find out how long they can be kept. For non-sterile items without dates, it is a matter of judgement, based on whether they are fit for purpose.

The following chart shows the minimum contents of a First-Aid Box, depending on its size. As a guide, a small box is for up to 25 people, a medium box is for up to 100 people, and a large box is for each amount of 100 people. This contents list is a guide for minimum requirements. If there are particular hazards in a work area this should be reflected as required in the First-Aid provision. Tablets / medicines / creams, etc. are not held as part of a First-Aid box.

Contents	First-Aid Box Size			
	Small	Medium	Large	Travel
Burn Relief Dressing 10cm x 10cm	1	2	2	1
Wash-proof Assorted Plasters	40	60	100	10
Eye Pad Dressing with Bandage Sterile	2	3	4	1
Foil Blanket Adult Size	1	2	3	1
Large HSE Dressing 18cm x 18cm Sterile Unboxed	1	2	2	1
Medium HSE Dressing 12cm x 12cm Sterile Unboxed	4	6	8	1
Nitrile Gloves Pair	6	9	12	1
Mouth to mouth Resuscitation Device with Valve	1	1	2	1
Finger Dressing with Adhesive Fixing 3.5cm	2	3	4	-
First Aid Guidance Leaflet	1	1	1	1
Conforming Bandage 7.5cm x 4m	1	2	2	1
Microporous Tape 2.5cm x 5m	1	1	1	1
Cleansing Wipes	20	30	40	4
Safety Pins Assorted	6	12	24	2
Single Use Triangular Bandage 90cm x 127cm	2	3	4	1
Universal Shears Small 6"	1	1	1	1
Eye Wash 250ml	-	-	-	1