



**East London**  
**NHS Foundation Trust**  
**Information Governance**  
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23 January 2025

**Our reference: FOI DA5790**

I am responding to your request for information received 27 December 2024 and clarified on 2 January. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

**Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention**



We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:**

**Question 1: Number of referrals accepted by specialist perinatal mental health Services**

**Clarification: If possible, can I have:**

- the overall number of referrals accepted by specialist perinatal MH services (and if available, a breakdown of what client groups they are, e.g., baby, mum, dad etc).
- the overall number of mums accepted into specialist perinatal MH services for support

**Answer:** Please see table below:

<b>Year</b>	<b>Overall number of referrals accepted by specialist perinatal mental health services</b>	<b>Overall number of mums accepted into specialist perinatal MH services for support</b>
<b>2021</b>	252	252
<b>2022</b>	202	202
<b>2023</b>	289	289

The above information demonstrates the total number of referrals accepted. Please note that this data does not include the number of referrals rejected or those pending a decision.



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**Original Request FOI DA5753: Please could you help me by responding to the data requests below? I will be using this data to estimate demand for perinatal mental health services in Tower Hamlets only. I don't have a strong preference for any particular time period, but if I could have the data over the past three full years that would be brilliant.**

**Question 1: Number of mums referred to specialist perinatal mental health services.**

Answer: Please see table below:

Year	Number of referrals of mums to specialist perinatal mental health services
2021	454
2022	384
2023	431

**Question 2: Number of referrals rejected by specialist perinatal mental health services.**

Answer: Please see table below:

Year	Number of referrals of rejected by specialist perinatal mental health services
2021	123
2022	103
2023	124

**Question 3: Reasons for rejection (if available).**

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.

**Question 4: Number of re-referrals of mums who have had an initial referral rejected.**

Answer: The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.



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**Question 5: Number of re-referrals of mums who have previously been discharged from specialist perinatal mental health services.**

Answer: Please see table below:

Year	Number of re-referrals of mums to specialist perinatal mental health services
2021	227
2022	259
2023	277

**Question 6: Number of dads who access a specialist assessment as part of a perinatal mental health service.**

Answer: Please see table below:

Year	Number of dads accessing perinatal mental health services
2021	0
2022	0
2023	0

**Question 7: Number of referrals for Mums and Dads living in each ward within Tower Hamlets.**

**Clarification: Can you please provide both? Or at a minimum the second point below in relation to our request regarding the Number of referrals for Mums and Dads living in each ward within Tower Hamlets:**

- a. patients currently staying in THs (and reason for transfer, if possible, I am wondering if TH has a large transient perinatal population and why?)**
- b. those that are permanent residents (we will require this as a minimum to be able to estimate the scale of perinatal Mental Health needs in TH).**

Answer: The Trust has reviewed question 7a and 7b of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested as attendance is in a community setting. The Trust is therefore unable to provide a response.

**Question 8: Can we have a breakdown of the ethnicity of people referred into your service, and the number that are accepted.**

Answer: Please see table below:



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Referrals to perinatal mental health services per year by ethnicity			
Ethnicity of patients	Calendar Year		
	01/11/2021-31/10/2022	01/11/2022-31/10/2023	01/11/2023-31/10/2024
Asian or Asian British - Any other Asian background	20	23	21
Asian or Asian British - Bangladeshi	143	141	193
Asian or Asian British - Indian	14	7	13
Asian or Asian British - Pakistani	6	11	13
Black or Black British - African	12	16	7
Black or Black British - Any other Black background	<5*	<5*	7
Black or Black British - Caribbean	<5*	12	5
Mixed - Any other mixed background	7	6	11
Mixed - White and Asian	<5*	<5*	<5*
Mixed - White and Black African	<5*	<5*	5
Mixed - White and Black Caribbean	7	6	<5*
Not known	18	21	49
Not stated	16	8	11
Other Ethnic Groups - Any other ethnic group	26	19	30
Other Ethnic Groups - Chinese	7	<5*	<5*
White - Any other White background	34	32	37
White - British	67	104	105
White - Irish	<5*	<5*	<5*

\* The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

*(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.*

The information you have requested relates to less than five individuals and has the potential for those individuals to be identified. The Trust is therefore unable to provide this information in detail.



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