

Information Governance
Robert Dolan House
9 Alie Street

London E1 8DE

Email elft.foi@nhs.net
Website: https://www.elft.nhs.uk

23 January 2025

Our reference: FOI DA5790

I am responding to your request for information received 27 December 2024 and clarified on 2 January. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office Wycliffe House Water Lane Wilmslow Cheshire SK9 5AF

Tel: 0303 123 1113 Web: <u>www.ico.org.uk</u>

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention

Chief Executive Officer: Lorraine Sunduza

Chair: Eileen Taylor

Request:

Question 1: Number of referrals accepted by specialist perinatal mental health Services

Clarification: If possible, can I have:

- the overall number of referrals accepted by specialist perinatal MH services (and if available, a breakdown of what client groups they are, e.g., baby, mum, dad etc).
- the overall number of mums accepted into specialist perinatal MH services for support

Please see table below: Answer:

Year	Overall number of referrals accepted by specialist perinatal mental health services	Overall number of mums accepted into specialist perinatal MH services for support
2021	252	252
2022	202	202
2023	289	289

The above information demonstrates the total number of referrals accepted. Please note that this data does not include the number of referrals rejected or those pending a decision.

Chief Executive Officer: Lorraine Sunduza

Chair: Eileen Taylor

Original Request FOI DA5753: Please could you help me by responding to the data requests below? I will be using this data to estimate demand for perinatal mental health services in Tower Hamlets only. I don't have a strong preference for any particular time period, but if I could have the data over the past three full years that would be brilliant.

Question 1: Number of mums referred to specialist perinatal mental health services.

Answer: Please see table below:

Year	Number of referrals of mums to specialist perinatal mental health services
2021	454
2022	384
2023	431

Question 2: Number of referrals rejected by specialist perinatal mental health services.

Answer: Please see table below:

Year	Number of referrals of rejected by specialist perinatal mental health services
2021	123
2022	103
2023	124

Question 3: Reasons for rejection (if available).

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information
of the description specified in the request, and

(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.

Question 4: Number of re-referrals of mums who have had an initial referral rejected.

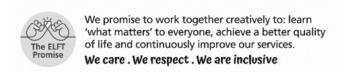
Answer: The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and

(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.



Chief Executive Officer: Lorraine Sunduza **Chair:** Eileen Taylor

Question 5: Number of re-referrals of mums who have previously been discharged from specialist perinatal mental health services.

Answer: Please see table below:

Year	Number of re-referrals of mums to specialist perinatal mental health services
2021	227
2022	259
2023	277

Question 6: Number of dads who access a specialist assessment as part of a perinatal mental health service.

Answer: Please see table below:

Year	Number of dads accessing perinatal mental health services
2021	0
2022	0
2023	0

Question 7: Number of referrals for Mums and Dads living in each ward within Tower Hamlets.

Clarification: Can you please provide both? Or at a minimum the second point below in relation to our request regarding the Number of referrals for Mums and Dads living in each ward within Tower Hamlets:

- patients currently staying in THs (and reason for transfer, if possible, I am wondering if TH has a large transient perinatal population and why?)
- b. those that are permanent residents (we will require this as a minimum to be able to estimate the scale of perinatal Mental Health needs in TH).

Answer: The Trust has reviewed question 7a and 7b of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

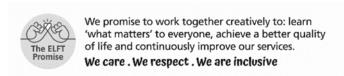
Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and

(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record the information requested as attendance is in a community setting. The Trust is therefore unable to provide a response.

Question 8: Can we have a breakdown of the ethnicity of people referred into your service, and the number that are accepted.

Answer: Please see table below:



Chief Executive Officer: Lorraine Sunduza Chair: Eileen Taylor

Referrals to perinatal mental health services per year by ethnicity						
	Calendar Year					
Ethnicity of patients	01/11/2021- 31/10/2022	01/11/2022- 31/10/2023	01/11/2023- 31/10/2024			
Asian or Asian British -	20	23	21			
Any other Asian						
background						
Asian or Asian British -	143	141	193			
Bangladeshi						
Asian or Asian British -	14	7	13			
Indian						
Asian or Asian British - Pakistani	6	11	13			
Black or Black British -	12	16	7			
African						
Black or Black British -	<5*	<5*	7			
Any other Black						
background						
Black or Black British -	<5*	12	5			
Caribbean						
Mixed - Any other mixed	7	6	11			
background						
Mixed - White and Asian	<5*	<5*	<5*			
Mixed - White and Black African	<5*	<5*	5			
Mixed - White and Black	7	6	<5*			
Caribbean						
Not known	18	21	49			
Not stated	16	8	11			
Other Ethnic Groups - Any	26	19	30			
other ethnic group						
Other Ethnic Groups -	7	<5*	<5*			
Chinese						
White - Any other White	34	32	37			
background						
White - British	67	104	105			
White - Irish	<5*	<5*	<5*			
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^{*} The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

The information you have requested relates to less than five individuals and has the potential for those individuals to be identified. The Trust is therefore unable to provide this information in detail.

Chief Executive Officer: Lorraine Sunduza

Chair: Eileen Taylor