



East London
NHS Foundation Trust
Information Governance
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Website: <https://www.elft.nhs.uk>

29 January 2025

Our reference: FOI DA5805

I am responding to your request for information received 10 January 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

I understand from the CQC's registration directory, and your website, that you operate one or more 'mental health units', defined by the Mental Health (Use of Force) Act 2018, and that one or more of these units is either providing mental health inpatient services for people with learning disabilities, or sometimes accommodates people with learning disabilities as part of a wider adult mental health services

Question 1: Following a previous FOI for 'restraint policies', please provide any adaptations of restraint-related policies, or procedures, for people with learning disabilities, e.g. easy read guidance. We are particularly interested in sourcing good practice in how people with learning disabilities are supported when they come into NHS mental health units.

Answer: The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.

The information requested is accessible here:

<https://www.elft.nhs.uk/sites/default/files/2023-04/Use%20of%20Force%20Policy%201.1.docx>

<https://www.elft.nhs.uk/sites/default/files/2024-03/Seclusion%20Policy%2011.0.docx>

The Trust also uses documents and guidance from the Restraint Reduction Network accessible here:

<https://restraintreductionnetwork.org/resources/>

Question 2: Please could you list the 'mental health units' as defined above, which provide treatment to people with learning disabilities, either exclusively, or as part of wider adult services.

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.

The information requested is accessible here:

<https://www.elft.nhs.uk/service-search>



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