

Hello I'm



Dorota Kabagambe

I am studying for a Physiotherapy apprenticeship at the University of East London

### WHY DID I CHOOSE PHYSIO?

I have been working in neuro rehab since approx. 2015 and I love it. I find this line of work extremely rewarding, and – encouraged by my work colleagues – I decided to broaden my skills and became registered therapist.

"I always say: If you really want something, go and get it. Just do it. It will not be easy, but with good planning and consistency anything is possible."



### WHAT DO I DO?

I study to become a physiotherapist. It usually involves being at the University for 1 day a week and learning on the job whilst at the workplace. So you earn while you learn.

### WHAT'S THE BEST THING ABOUT MY JOB?

The best thing is the confidence my colleagues had in me and ongoing support I am receiving. Being able to study and passing my exams with no issues is very satisfying.



Hello I'm

Misbah Rehman

I am studying Podiatry Apprenticeship at University of East London

### WHY DID I CHOOSE PODIATRY?

There is a huge gap in the profession and not many people even know what podiatry is. Filling the gap of within the younger generation is what will allow the profession to live on.

If you love helping people and gaining more than just a clinician and patient relationship, this is the job for you



### WHAT DO I DO?

In my apprenticeship every day I am developing. I started off not knowing what to do with a patient. Now my day-to-day life consists of supervised high risk ulcer clinics, diabetic at-risk clinics, all types of biomechanic clinics and assisting in nail surgery. I can complete lone clinics which can vary from assessment clinics to redress clinics. I am given responsibilities outside of clinics like admin tasks. Explaining my job to someone who is unaware of my scope of work I would say I do all things feet.

### WHAT'S THE BEST THING ABOUT MY JOB?

The best feeling is when someone comes into your clinic in pain struggling to even walk and by the time they leave the clinic they are pain free. I love it when post treatment a patient will say to me, "Its like walking on a cloud." The satisfaction of helping someone is what makes the job as rewarding as it is.





Hello I'm



Shahnaaz Khaanam

I am studying Podiatry Apprenticeship at University of East London

### WHY DID I CHOOSE PODIATRY?

Occupational therapy feels like the perfect fit with my values, interests, and skills. I am inspired by my colleagues and the work they do, and I love the idea of empowering people to live more independently and comfortably. This profession allows me to contribute meaningfully while growing both personally and professionally.

My advice would be to stay patient, open-minded, and always eager to learn. Every person you work with will teach you something new, and that's what makes this career so special.



### WHAT DO I DO?

My role is to help people live independently and improve their daily lives. OT focuses on supporting individuals with challenges by finding practical solutions for everyday tasks like dressing, cooking, or working. This might involve teaching new skills, using adaptive equipment, or creating strategies to make activities easier. Every person has unique needs, so OT is about understanding their goals and helping them achieve independence.

### WHAT'S THE BEST THING ABOUT MY JOB?

The best thing about being an occupational therapy apprentice is the combination of hands-on experience and learning. It's incredibly rewarding to see how OT can positively impact people's lives, helping them regain independence and confidence in their daily activities. Every day is different, and I enjoy the challenge of adapting to different needs and working closely with patients to find solutions that work for them. Seeing their progress, no matter how small, is the most satisfying part of my role.

