



**East London**

**NHS Foundation Trust  
Information Governance**

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30<sup>th</sup> April 2025

**Our reference: FOI DA5704a**

I am responding to your request for information received 30 December 2024 regarding our response sent to you on 20 December 2024. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

When an organisation receives a request for information under the Freedom of Information Act, it is allowed under the Act to apply a blanket exemption to this where it has concluded that providing a response would take in excess of eighteen hours.

When the cost of compliance and extracting information would exceed eighteen hours, a cost limit of £450 can be applied. This is explained in Section 12 of the Freedom of Information Act 2000 and is based on a rate of £25 per hour, regardless of the rate of pay of any individual involved in the retrieval of requested information, and equates to eighteen hours work.

Having reviewed your request, the Trust has noted that it would not be able to provide some of the information requested within the eighteen hours specified in the Freedom of Information Act 2000. However, in this instance and to assist you, we have provided a partial response to your request as per below.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

FOI Team



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**Chair:** Eileen Taylor

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113

Web: [www.ico.org.uk](http://www.ico.org.uk)

**Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention**



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**Request:** Thank you for your response.

**As per your response, please refine my original FOI request to include only Q2 on specialist services, Q3 on Community CAMHS and Q4 on non-specialist services. Please leave out Q1 and Q5.**

**Question 1:** What is your total budget and total spend for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) for specialist services which we define as including, but not limited to; inpatient care, crisis and risk support (including day hospitals, home treatment teams and very specialist services), and specialist secondary care CAMHS. If East London NHS Foundation Trust provides other specialist services not listed, please list and include budget and spending figures. If you hold this data, please list figures broken down by type of specialist service.

**Clarification:** to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.

**Answer:** The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested. The Trust does not record information concerning specialist services commissioning budgets at the level requested and we cannot accurately determine this information. The Trust is therefore unable to provide a response.

However, to advise and assist, we can advise that the spend for the last five financial years regarding specialist services is as follows:

- 2018/19 - £52,451,620.50
- 2019/20 - £58,368,207.06
- 2020/21 - £56,389,838.90
- 2021/22 - £62,012,276.42
- 2022/23 - £70,056,652.28
- 2023/24 - £78,303,069.78

**Question 2:** What is your total budget and total spend for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) for Community CAMHS which we define as NHS services delivered in the community, outside of specialist services (as defined above). If you hold this data, please list the types of service you provide under community CAMHS in East London NHS Foundation Trust and list budget and spending figures broken down by each service.

**Clarification:** to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.



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Answer: Budget for City and Hackney & Tower Hamlets Community Child and Adolescent Mental Health Services (CAMHS):

- 2018/19 - £5,100,690.21
- 2019/20 - £5,639,867.11
- 2020/21 - £6,089,441.00
- 2021/22 - £6,786,774.55
- 2022/23 - £2,459,028.20
- 2023/24 - £2,252,489.51

Spend for City and Hackney & Tower Hamlets Community CAMHS:

- 2018/19 - £5,421,352.56
- 2019/20 - £5,622,911.73
- 2020/21 - £6,644,955.34
- 2021/22 - £6,645,027.57
- 2022/23 - £2,987,813.59
- 2023/24 - £3,926,054.31

**Question 3:** What is your total budget and total spend for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) on non-specialist services which we define as services delivered outside of NHS community mental health settings (formerly Tier 3) and inpatient settings (formerly Tier 4) – for children and young people. Within this definition we exclude signposting services and services that only provide referrals. If you hold this data, please list spending figures broken down by type of specialist service. This may include, but is not limited to, the following:

- a) Social prescribing
- b) Bereavement services
- c) Peer support
- d) Mental Health Support Teams
- e) School counsellors, mentors, or pastoral or key support workers
- f) Educational psychologists
- g) Youth groups
- h) Wellbeing cafes or mental health drop-in services
- i) Youth information, advice and counselling services (YIACS)
- j) Early support and mental health hubs
- k) Advice line for mental health issues
- l) Support for parents who have children with poor mental health (please specify early years, 5-11, 12-18, 18 plus, if you hold the data).
- m) Targeted service(s) for LGBTQ+ children and young people; children and young people from minority ethnic / racialised communities; children in care and care leavers; for other underserved children and young people (please list).
- n) Targeted service(s) for children and young people on waiting lists for access to NHS mental health services (formerly tier 3)
- o) Art or music therapy
- p) Online support service / app
- q) Occupational therapy
- r) Specific services or approaches for underserved groups including minority ethnic children and young people, LGBTQ+ children and young people, children and young people with Special Educational Needs and Disabilities, young people at risk of criminal exploitation, etc.



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**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

**Answer:** The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:  
*Section 12(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit*

The Trust has reviewed your request for information and in order to collate this information, it would be necessary to meet with each of the clinical teams identified above, identify all the relevant resources within each service, then extract the costing for all these resources. The range of services, along with the requested years means, this would take greatly in excess of 18 hours to collate. Apologies for the inconvenience caused by the previous wrong estimation.

Therefore, the Trust is unable to comply with this particular part of your request as the cost of compliance and extracting your exact requirements would exceed the appropriate cost limit of £450 which is specified in Section 12 of the Freedom of Information Act 2000. This is based on a rate of £25 per hour, regardless of the rate of pay of any individual involved in the retrieval of requested information, and equates to 18 hours work.

To provide advice and assistance, we are able to provide the budget and spend for the last five financial years concerning Mental Health Support Teams.

- **Budget:**
  - 2019/20 - £435,116.24
  - 2020/21 - £2,780,000.00
  - 2021/22 - £4,628,541.00
  - 2022/23 - £5,086,654.90
  - 2023/24 - £5,876,541.00
- **Spend:**
  - 2019/20 - £216,528.86
  - 2020/21 - £2,611,750.10
  - 2021/22 - £4,128,681.15
  - 2022/23 - £5,095,488.86
  - 2023/24 - £5,532,859.32

For Arts Therapy and Occupational Therapy, we are able to provide the pay spend and budget for staff for the last five financial years.

### **Occupational Therapists**

- **Budget:**
  - 2019/20 - £1,186,271.51
  - 2020/21 - £1,210,323.00
  - 2021/22 - £1,288,343.73
  - 2022/23 - £1,498,617.00
  - 2023/24 - £2,288,245.37



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- Spend:
  - 2019/20 - £854,207.73
  - 2020/21 - £931,861.26
  - 2021/22 – £1,176,389.01
  - 2022/23 - £1,581,540.68
  - 2023/24 - £2,014,097.80

### **Arts Therapists**

- Budget:
  - 2019/20 - £0
  - 2020/21 - £41,831.00
  - 2021/22 - £137,628.76
  - 2022/23 - £480,349.00
  - 2023/24 - £1,048,633.04
- Spend:
  - 2019/20 - £0
  - 2020/21 - £0
  - 2021/22 – £188,401.95
  - 2022/23 - £402,677.13
  - 2023/24 - £954,101.41



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**Original Request DA5704:**

**I would like to request the following information about the provision of mental health support for babies, children and young people aged 0 to 25, in East London NHS Foundation Trust under the Freedom of Information Act.**

**For the purposes of this FOI, we define support for babies, children and young people aged 0 to 25 as services accessible to people in this age group, including services offered only to this age group. If you provide funding for adults and babies, children and young people, but do not have data to break this down between children and young people and adults, please specify. If you provide funding for services available to children and young people of different ages (such as services for 11–18-year-olds or services for early years) please specify. This can also include support to parents/carers to equip them to support their children's mental health.**

**Clarification: We are requesting the information in our FOI for the specific financial years mentioned - (2018/19; 2019/20; 2020/21; 2021/22; 2023/24).**

**Clarification: In our email, we requested information for each of the years (2018/19; 2019/20; 2020/21; 2021/22; 2023/24). I would like to make a correction to this request to include the year 2022/23, previously left out in error. We would like to request the information from our original FOI for each of the following years, (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24).**

**Question 1: What is your total budget and total spend for mental health support to babies, children and young people aged 0-25 for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24).**

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

**Answer:** The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to four hours to determine whether it is held.

**Please break down these figures into your spending and budget for the following three categories:**

**Question 2: What is your total budget and total spend for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) for specialist services which we define as including, but not limited to; inpatient care, crisis and risk support (including day hospitals, home treatment teams**



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and very specialist services), and specialist secondary care CAMHS. If East London NHS Foundation Trust provides other specialist services not listed, please list and include budget and spending figures. If you hold this data, please list figures broken down by type of specialist service.

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to eight hours to determine whether it is held.

**Question 3: What is your total budget and total spend for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) for Community CAMHS which we define as NHS services delivered in the community, outside of specialist services (as defined above). If you hold this data, please list the types of service you provide under community CAMHS in East London NHS Foundation Trust and list budget and spending figures broken down by each service.**

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to one hour to determine whether it is held.

**Question 4: What is your total budget and total spend for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) on non-specialist services which we define as services delivered outside of NHS community mental health settings (formerly Tier 3) and inpatient settings (formerly Tier 4) – for children and young people. Within this definition we exclude signposting services and services that only provide referrals. If you hold this data, please list spending figures broken down**



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by type of specialist service. This may include, but is not limited to, the following:

- s) Social prescribing
- t) Bereavement services
- u) Peer support
- v) Mental Health Support Teams
- w) School counsellors, mentors, or pastoral or key support workers
- x) Educational psychologists
- y) Youth groups
- z) Wellbeing cafes or mental health drop-in services
- aa) Youth information, advice and counselling services (YIACS)
- bb) Early support and mental health hubs
- cc) Advice line for mental health issues
- dd) Support for parents who have children with poor mental health (please specify early years, 5-11, 12-18, 18 plus, if you hold the data).
- ee) Targeted service(s) for LGBTQ+ children and young people; children and young people from minority ethnic / racialised communities; children in care and care leavers; for other underserved children and young people (please list).
- ff) Targeted service(s) for children and young people on waiting lists for access to NHS mental health services (formerly tier 3)
- gg) Art or music therapy
- hh) Online support service / app
- ii) Occupational therapy
- jj) Specific services or approaches for underserved groups including minority ethnic children and young people, LGBT+ children and young people, children and young people with Special Educational Needs and Disabilities, young people at risk of criminal exploitation, etc.

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

**Answer:** The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to eight hours to determine whether it is held.

**Question 5: If East London NHS Foundation Trust provides any additional non-specialist services not included in the above list, please list here, and include relevant budget and spending data in the above request for information.**

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**



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Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to two hours to determine whether it is held.

**Question 6: If your budget is pooled with another body i.e. neighbouring local authority, Police and Crime Commissioner etc, please specify.**

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

Answer: The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to one hour to determine whether it is held.



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