



Freedom to speak up

Your voice matters



Champion

Bertha Jamali

Clinical Practice Lead

Freedom to Speak Up Champion

Base: Coborn Centre for
Adolescent Mental Health,
Cherry Tree Way, Glen Road, E13 8SP

Email: b.jamali@nhs.net

Tel: 020 7540 6799

Anita Hynes

Freedom to Speak Up Guardian
East London Foundation Trust

Email: elft.freedomtospeakup@nhs.net

Tel: 07436 027388



Guardian



**Take the first step
contact us today!**



**We care
We respect
We are inclusive**