



**East London**  
NHS Foundation Trust  
**Information Governance**  
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7 May 2025

**Our reference: FOI DA5947**

I am responding to your request for information received 17 March 2025. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

**Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention**



We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** This is an information request relating to sick days taken by nurses

**Please include the following information for the following financial years: 2021/22, 2022/23, 2023/24, and 2024/25:**

**Question 1: Total number of days lost due to sick leave taken by NHS nurses?**

**Answer:** Please see table below:

Financial Year	Total number of days lost due to sick leave taken by nurses
2021/22	27815
2022/23	30076
2023/24	35895
2024/25	39715

**Question 2: The total number of NHS nurses who took sick leave?**

**Answer:** Please see table below:

Financial Year	Total number of nurses who took sick leave
2021/22	2474
2022/23	3087
2023/24	3308
2024/25	3632

**Question 3: Total number of days lost to Mental Health issues taken by NHS nurses?**

**Answer:** Please see table below:

Financial Year	Total number of days of sickness leave taken by Nurses due to Mental Health issues
2021/22	7298
2022/23	5617
2023/24	9035
2024/25	9018

**Question 4: The total number of nurses who required sickness absence on mental health grounds?**

**Answer:** Please see table below:

Financial Year	Total number of nurses who required sick leave due to Mental Health issues
2021/22	258
2022/23	236
2023/24	275
2024/25	282

**Question 5: The number of NHS nurses taking more than seven days of absence without a sick note**

**Answer:** The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.



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Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information  
of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested as HealthRoster (the system used for rostering) does not record sickness absences over seven days without a medical certificate. The Trust is therefore unable to provide a response.

**Question 6: The total number of days lost in excess of the seven days?  
For example, if an individual has taken off 10 days without a sick note,  
then this would be 3 days in excess of the seven days**

**Answer:** The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information  
of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

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