



East London

NHS Foundation Trust

Information Governance

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Our reference: FOI DA6041

I am responding to your request for information received 8 May 2025. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: I am writing to request the following information under the Freedom of Information Act 2000.

Question 1: Does your trust have any specific clinical care pathways, protocols, or service guidance specifically for the treatment or management of patients with:
Dissociative disorders (including DID, OSDD, DPDR etc..)?
Complex post-traumatic presentations involving dissociation?

If yes, please provide copies of any relevant documentation or pathway flowcharts.

Answer: Psychological Therapies offer people with dissociative symptoms support within our trauma, complex emotional needs or anxiety pathways, based on a formulation based care plan. We do not offer specific guidance for these presentations, but follow NICE guidance (where available) for conditions where people may experience dissociation (such as for Anxiety, Post Traumatic Stress Disorder (PTSD) and Emotionally Unstable Personality Disorder (EUPD)).

Question 2: Which clinical teams or services (e.g. CMHTs, trauma services, personality disorder services, psychology/psychotherapy teams) typically provide care for patients with dissociative disorders and dissociative presentations?

Answer: People with dissociative symptoms are offered support within Community Mental Health Teams, Neighbourhood Mental Health and Complex Emotional Needs services, depending on their full presentation and formulation of difficulties.

Question 3: Does your trust offer or commission any specialist assessment or treatment (e.g. SCID-D diagnostic assessment) specifically for dissociative disorders?

Answer: We offer formulation-based interventions, where someone's dissociative symptoms are considered as part of the formulation.

Question 4: Are patients with dissociative disorders referred to external providers (e.g. Centre for Dissociative Studies, Pottergate Centre, or other independent services)? If so, under what circumstances?

Answer: No.

Question 5: Has your trust delivered any training or guidance for clinicians on dissociative disorders in the past five years?

Answer: No. The Trust does not deliver formal training about dissociative disorders. but clinicians have relevant Continuing Professional Development in relation to their service.

Question 6: If possible, please provide the number or percentage of current patients under your care who have a diagnosis of a dissociative disorder. This may include conditions coded under ICD-10 (eg. F44.8), ICD-11 (e.g. 6B64) or equivalent SNOMED CT terms. (If your trust uses other diagnostic classification systems such as DSM, please indicate where applicable.)

Answer: There are no current inpatients that have been diagnosed with dissociative disorder.

