



**East London**

NHS Foundation Trust

**Information Governance**

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10 June 2025

**Our reference: FOI DA6075**

I am responding to your request for information received 27 May 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

## **Request:**

**Question 1:** I am making a request for a list of services that are alternatives to admission services for children and young people, and which are either in place or planned. This means, a list of services that act as alternatives to inpatient mental healthcare provision for children and young people. This is including but not exhaustive to intensive home treatment, in reach outreach services, crisis and respite houses, and day services.

**Answer:**

East London:

- Home treatment and DBT-A (Dialectical Behavioural Therapy for Adolescents) Services via our Crisis pathway.
- Children and Young People (CYP) Eating Disorder Intensive Support service via our Eating disorder pathway.

Bedfordshire and Luton:

- Separate Home treatment for Bedford North and Bedford South & Luton Services via our Crisis pathway.
- Countywide CYP Eating Disorder Aspire offer a service via our Eating disorder pathway as alternatives to admission.



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