



East London

NHS Foundation Trust

Information Governance

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20 June 2025

Our reference: FOI DA6111

I am responding to your request for information received 18 June 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: I am submitting this request under the Freedom of Information Act 2000. Please provide the following information for patients for calendar years 2022, 2023, 2024 and 2025:

Question 1: Number of people diagnosed with a stress-related condition (e.g., anxiety/stress/burnout/high blood pressure).

Answer: Please see Appendix 1 attached.

Question 2: Number of separate appointments where stress was the primary diagnosis or treatment focus.

Answer: Please see Appendix 1 attached.

Question 3: Number of referral appointments for 'stress' related conditions/diagnosis

Answer: Please see Appendix 1 attached.



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